



# Kellogg's Frosted Flakes® Multi-Grain For Schools

#38000-54998

1 oz. / 96 ct.

Product & Case Images



Product Features

Kellogg's Frosted Flakes® Multi-Grain For Schools is a deliciously crafted cereal that helps students let their gr-r-reat out; Convenient, individual cereal bowls as part of a balanced breakfast; Perfect for snacks on the go, too. Conveniently packaged in individual bowls, Kellogg's Frosted Flakes® Multi-Grain For Schools are a great way for students to fuel up for the morning or at snack time. Good source of 8 vitamins and minerals per serving. It is made with no high fructose corn syrup. Made with colors and flavors from natural sources.

Case Specifications

GTIN # 00038000549984

Case Ct. 1 oz. / 96 ct.

Case Dimensions 16.68"L x 13.31"W x 15.66"H

Case Cube 2.01 CF

Case Gross Wt. 10.46 LB.

Case Net Wt. 6 LB.

Cases/Pallet 27

Pallet Configuration 9x3 (54.38 CF)

Shelf Life 365 Days

Preparation Instructions

Kellogg's Frosted Flakes® Multi-Grain For Schools Cereal is ready to eat out of the package.

Food Image



1

Oz. Grain  
Equivalency



Buy American  
Compliant

SS

Smart Snacks  
Eligible



CACFP  
Eligible



No HFCS



Made with  
Colors and Flavors  
from Natural  
Sources

OU  
Pareve

Kosher Status

## Nutrition Facts

Serving size 1 Container (28g)

Amount per serving  
**Calories 100**

% Daily Value\*

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 170mg	<b>7%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber 2g	<b>8%</b>
Total Sugars 6g	
Includes 6g Added Sugars	<b>12%</b>

### Protein 2g

Vitamin D 2mcg	10%
Calcium 0mg	0%
Iron 1.8mg	10%
Potassium 70mg	0%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

**WHOLE GRAIN WHEAT, RICE, SUGAR, MILLED CORN, WHEAT BRAN, CONTAINS 2% OR LESS OF SALT, MALT FLAVOR.**

**VITAMINS AND MINERALS:** REDUCED IRON, NIACIN-AMIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN HYDROCHLORIDE), FOLIC ACID, VITAMIN D3, VITAMIN B12.

## Allergen Information

**CONTAINS WHEAT INGREDIENTS.**

Barry A. Brothers, MS RDN  
Senior Wellbeing & Regulatory Lead  
Kellogg's Away From Home

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USDA Ounce Equivalents of Grain per Serving	1
USDA Ounce Equivalents of Meat/Meat Alternate	
Whole Grains (g/serving)	11
USDA Bioengineered (BE) Status	Contains a bioengineered food ingredient

[illegible]

**CONTAINS WHEAT INGREDIENTS.**

[illegible]

Product information can change at any time.  
Always refer to product package for current nutrition and ingredient information.

Bary A Brink MS RNA

Barry Brothers, MS RDN  
Senior Wellbeing & Regulatory Lead  
Kellogg Company

Nutrient Contents Per 100g			
Calories	362	Vitamin E	0 mg
Total Fat	1.3 g	Vitamin K	NA mcg
Saturated Fat	0.2 g	Thiamin	0.43 mg
Trans Fat	0 g	Riboflavin	0.46 mg
Polyunsaturated Fat	0.6 g	Niacin (NE)	5.7 mg
Monounsaturated Fat	0.2 g	Vitamin B6	0.61 mg
Cholesterol	0 mg	Folate (DFE)	143 mcg
Sodium	601 mg	Folic Acid	86 mcg
Total Carbohydrate	87.3 g	Vitamin B12	0.9 mcg
Dietary Fiber	8.04 g	Biotin	NA mcg
Soluble Fiber	0.97 g	Pantothenic Acid	NA mg
Insoluble Fiber	7.07 g	Phosphorus	226 mg
Total Sugars	22.3 g	Iodine	NA mcg
Added Sugars	21.8 g	Magnesium	89 mg
Sugar Alcohols	0 g	Zinc	2.2 mg
Protein	7.8 g	Selenium	NA mcg
Vitamin D	7.1 mcg	Copper	NA mg
Calcium	19.3 mg	Manganese	NA mg
Iron	6.4 mg	Chromium	NA mcg
Potassium	278 mg	Molybdenum	NA mcg
Vitamin A (RAE)	5 mcg	Chloride	NA mg
Vitamin C	0 mg	Choline	NA mg
NA = Database values for the nutrient do not exist or are incomplete.		Fluoride	NA mg
		Moisture	2.5 %
		Ash	1.1 %
		Whole Grain	41.45 %

\*\*\*Information presented in this document applies to products intended for US consumers only.\*\*\*

\*Note: This document is for technical use only. Please refer to packaging or sales materials for correct trademark usage.\*



## Product Formulation Statement for Documenting Grains in Child Nutrition Programs

(Crediting Standards Based on Exhibit A Weights per Ounce Equivalent)

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Program operators have the option to choose the crediting method that fits their specific menu planning needs.

Product Name: KELLOGG'S Frosted Flakes Multigrain for Schools Code No.: 38000 54998

Manufacturer: Kellogg Company Serving Size: 1 Container (28 g)

I. Does the product meet the whole grain-rich criteria? Yes X No         

II. Does the product contain non-creditable grains? Yes          No          How many grams?           
(Products with more than 0.24 ounce equivalent (oz eq) or 3.99 grams (g) for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.)

III. Use Exhibit A: Grain Requirements for Child Nutrition Programs in the Food Buying Guide for Child Nutrition Programs (FBG) to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals). (Different methodologies are applied to calculate the grains contribution based on creditable grains. Groups A-G use the standard of 16g creditable grains per oz eq; Groups H and I use the standard of 28g creditable grains per oz eq or volume.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: I

DESCRIPTION OF PRODUCT PER EXHIBIT A	PORTION SIZE OF PRODUCT AS PURCHASED	WEIGHT OF ONE OZ EQ AS LISTED IN EXHIBIT A B	CREDITABLE AMOUNT
	A		A/B
Ready to Eat Breakfast Cereal	28 g	1 ounce (28 g)	1
Total Creditable Amount <sup>1</sup>			1

<sup>1</sup> Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 28 g

Total contribution of product (per portion) 1 oz eq

I certify that the above information is true and correct and that a 28 g portion of this product (ready for serving) provides 1 oz eq grains.

I further certify that non-creditable grains are not above 0.24 oz eq per portion. Products with more than 0.24 oz eq or 3.99g for Groups A-G or 6.99g for Groups H and I of non-creditable grains do not credit toward the grains requirement for school meals.

Barry A Brothers MS RDN  
Signature

Senior Wellbeing & Regulatory Lead  
Title

Barry Brothers, MS RDN  
Printed Name

1-2-2023  
Date

1-877-511-5777  
Phone Number



## Smart Snacks Product Calculator Results

Brand:  
**Kellogg's**

Product Name:  
**Frosted Flakes Multigrain For Schools**

Serving Size:  
**1 Container (28g)**

First Ingredient:  
**Whole Grain Wheat**

Your whole grain product meets all nutrient standards for entrees or snack foods.

## Nutrition Facts

Serving Size 28.00 g ⓘ

Servings Per Container

Amount Per Serving

**Calories** 100

**Total Fat (g)** 0

Saturated Fat (g) 0

Trans Fat (g) 0

**Sodium (mg)** 170

**Carbohydrates**

Total Sugars (g) 6

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

*The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.*

LEADING THE WAY FOR CHILDREN'S HEALTH