

Product Formulation Statement (PFS) for Documenting Vegetables and Fruits

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Specific vegetable subgroups must be offered weekly and fruit must be served daily for the National School Lunch Program. For more detailed information on meal pattern requirements see the Nutrition Standards for School Meals Website at http://www.fns.usda.gov/cnd/Governance/Legislation/nutritionstandards.htm.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount ¹ (quarter cups)
			X		
			X		
		litable Vegetable A			
 quarter cup to cup of Vegetables and veg At least ½ cup of recomponent or a spe The other vegetable green, red/orange, a School food author requirement for the 	Beans/Peas (Legumes) Total Cups Dark Green				
 Please note that ray meals (For example may credit towards 	Total Cups Red/Orange				
both in the same me into the school mea how legumes contri component. See ch	Total Cups Starchy				
					Total Cups Other



II. Fruit Component

Please fill out the chart below to determine the creditable amount of fruits.

Description of Creditable Ingredient per	Ounces per Raw Portion of Creditable	Multiply	FBG Yield/ Purchase Unit	Creditable Amount ¹ (quarter
Apples & Peach Puree	4.5	X	4.5 ounces	2
		X		
		X		
		X		
		X		

Total Creditable Fruit Amount:

- ¹FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
- Fruits and fruit purees credit on volume served.

MUSSELMAN'S

- At least 1/8 cup of recognizable fruit is required to contribute towards the fruit component.
- Please note that dried fruits credit as double the volume served in school meals (For example, ½ cup raisins credits as 1 cup fruit).

I certify the above information is true and correct and that 4.5 oz ounce serving of the above product contains $2 - \frac{1}{4} \text{ cup(s)}$ of fruit.

Quarter Cup to Cup Conversions*

0.5 Quarter Cups vegetable = $\frac{1}{8}$ Cup vegetable or 0.5 ounces of equivalent meat alternate

1.0 Quarter Cups vegetable = ½ Cup vegetable or 1.0 ounce of equivalent meat alternate

1.5 Quarter Cups vegetable = 3/8 Cup vegetable or 1.5 ounces of equivalent meat alternate

2.0 Quarter Cups vegetable = $\frac{1}{2}$ Cup vegetable or 2.0 ounces of equivalent meat alternate

2.5 Quarter Cups vegetable = \% Cup vegetable or 2.5 ounces of equivalent meat alternate

3.0 Quarter Cups vegetable = 3/4 Cup vegetable or 3.0 ounces of equivalent meat alternate

3.5 Quarter Cups vegetable = $\frac{7}{8}$ Cup vegetable or 3.5 ounces of equivalent meat alternate

4.0 Quarter Cups vegetable = 1 Cup vegetable or 4.0 ounces of equivalent meat alternate

*The result of 0.9999 equals $\frac{1}{8}$ cup but a result of 1.0 equals $\frac{1}{4}$ cup

LUCKY LEAF

Lornie S. Condeau	Consumer Affairs Manager				
Signature Bonnie S. Rondeau	<i>Title</i> 5/9/2023	717-677-9115 X4611			
Printed Name	Date	Phone Number			

APPLE TIME

SPEAS FARM

LINCOLN