

## Nutrition Facts

About X servings per container

**Serving size 1 1/4 cup (42g)**

Amount per serving

**Calories 160**

% Daily Value\*

**Total Fat** 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 280mg **12%**

**Total Carbohydrate** 35g **13%**

Dietary Fiber 2g **8%**

Soluble Fiber <1g

Insoluble Fiber 1g

Total Sugars 17g

Incl. 17g Added Sugars **34%**

**Protein** 3g

Vitamin D 0mcg 0%

Calcium 190mg 10%

Iron 4.5mg 25%

Potassium 80mg 0%

Thiamin 50%

Niacin 10%

Vitamin B6 10%

Folate 30mcg DFE 8%

(20mcg folic acid)

Pantothenic Acid 10%

Phosphorus 6%

Zinc 15%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whole Grain Oat Flour, Sugar, Corn Syrup, Wheat Starch, Modified Cornstarch, Salt, Calcium Carbonate, Dextrose, Gelatin, Sodium Hexametaphosphate, Artificial Flavor, Trisodium Phosphate, Yellow 5, Red 40, Blue 1, Yellow 6.

**Vitamins and Minerals:** Ferric Orthophosphate (source of iron), Niacinamide (Vitamin B3), Zinc Oxide, Thiamin Mononitrate (Vitamin B1), Calcium Pantothenate (Vitamin B5), Pyridoxine Hydrochloride (Vitamin B6), Folic Acid.

**CONTAINS WHEAT.**

## Post Consumer Brands

**Toasted Oats Cereal  
with Marshmallows  
MAR-101 RTE  
(Not Kosher)**

**Regulatory NFP Released: 02/19/19  
Graphics NFP Released: 02/19/19**

Nutrition Facts have been developed to comply with current Federal regulations.

Product	Pack/Size	Case UPC	GTIN
Marshmallow Mateys	4/42 oz	09821	100-42400-09821-5

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/Pallet
12.18	1.74	20 x 16 x 9.38	6 / 5	30



**Formulation Statement for Documenting Grains in School Meals**  
(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

**Product Name:** Malt-O-Meal Marshmallow Mateys 4/42 oz Bulk

**Code No:** 09821

**Manufacturer:** Post Consumer Brands

**Serving Size:** 1 oz

**I. Does the product meet the Whole Grain-Rich Criteria: Yes**

(Refer to SP 30-2012 Grain Requirements for National School Lunch Program and School Breakfast Program.)

**II. Does the product contain non-creditable grains: Yes**

**How many grams:**

2.16

(Products with more an .24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit toward the grain requirements for school meals.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program:**

**Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).**

(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains.

Group A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs:

I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	1	1	1
<b>Total Creditable Amount<sup>1</sup></b>			<b>1</b>

<sup>1</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

**Total weight (per portion) of product as purchased:** 1 oz

**Total contribution of product (per portion)** 1 **oz equivalent**

I further certify that the above information is true and correct and the a 1 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson **6/30/22**

**Signature & Date**

Merrilee Olson

**Printed Name**

National Sales Manager - K12

**Title**

763-245-0853

**Phone #**

**Post**

**FOODSERVICE**

