

## Nutrition Facts

About X servings per container

**Serving size 21 biscuits (60g)**

Amount per serving

**Calories 210**

% Daily Value\*

**Total Fat** 1g **1%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 5mg **0%**

**Total Carbohydrate** 50g **18%**

Dietary Fiber 6g **23%**

Soluble Fiber 1g

Insoluble Fiber 5g

Total Sugars 12g

Includes 12g Added Sugars **24%**

**Protein** 5g

Vitamin D 0mcg 0%

Calcium 20mg 0%

Iron 16.8mg 90%

Potassium 220mg 4%

Thiamin 35%

Riboflavin 25%

Niacin 30%

Vitamin B<sub>6</sub> 30%

Folate 360mcg DFE 90%  
(215mcg folic acid)

Vitamin B<sub>12</sub> 40%

Phosphorus 15%

Magnesium 10%

Zinc 40%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Whole Grain Wheat, Sugar, Gelatin. BHT added to preserve freshness.

**Vitamins and Minerals:** Reduced Iron, Niacinamide (Vitamin B3), Folic Acid, Zinc Oxide (source of zinc), Pyridoxine Hydrochloride (Vitamin B6), Riboflavin (Vitamin B2), Thiamin Mononitrate (Vitamin B1), Vitamin B12.

**CONTAINS WHEAT.**

## Post Consumer Brands Frosted Shredded Wheat FW-100.1 RTE (Not Kosher)

**Regulatory NFP Released: 03/29/17**  
**Graphics NFP Released: 03/29/17**

Nutrition Facts have been developed to comply with current Federal regulations.

Product	Pack/Size	Case UPC	GTIN
Frosted Mini Spooners	6/36 oz	09826	100-42400-09826-0

Case Weight	Case Cube	Case Dimensions	Ti / Hi	Cases/Pallet
15.26	1.74	20 x 16 x 9.38	6 / 5	30



# Formulation Statement for Documenting Grains in School Meals

(Crediting Standards Based on Revised Exhibit A weights per oz equivalent)

Product Name: Malt-O-Meal Frosted Mini Spooners Bulk (6/36 oz)

Code No: 09826

Manufacturer: Post Consumer Brands

Serving Size: 1 oz

**I. Does the product meet the Whole Grain-Rich Criteria: Yes**

(Refer to SP 30-2012 Grain Requirements for National School Lunch Program and School Breakfast Program.)

**II. Does the product contain non-creditable grains: No**

How many grams: \_\_\_\_\_

0

(Products with more than .24oz equivalent or 3.99 grams for Groups A-G and 6.99 grams for Group H of non-creditable grains may not credit toward the grain requirements for school meals.)

**III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program:**

**Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains) or Group I (RTE breakfast cereals).**

(Please be aware that different methodologies are applied to calculate servings of grain component based on creditable grains. Group A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate which Exhibit A Group (A-I) the Product Belongs:

I

Description of Product per Food Buying Guide	Portion Size of Product as Purchased A	Weight of one ounce equivalent as listed in SP 30-2012 B	Creditable Amount A ÷ B
RTE Cereal	1	1	1
Total Creditable Amount <sup>1</sup>			1

<sup>1</sup>Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased: 1 oz

Total contribution of product (per portion) 1 oz equivalent

I further certify that the above information is true and correct and the a 1 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Merrilee Olson 6/30/22

Signature & Date

Merrilee Olson

Printed Name

National Sales Manager - K12

Title

763-245-0853

Phone #

**Post**

**FOODSERVICE**

