



Conagra Foodservice  
222 W. Merchandise Mart Plaza, Suite 1300  
Chicago, IL 60654  
TEL: 402-240-4000

## Gilardi Whole Grain Three Cheese Calzone 60-4.69 OZ UPC 16272 20120

### Nutritional Information:

Nutrition Facts	
About 60 Servings Per Container	
Serving Size	1 Calzone (132g)
Amount Per Serving	
<b>Calories</b>	<b>250</b>
	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 0.5g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 430mg	<b>19%</b>
<b>Total Carbohydrate</b> 33g	<b>12%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 4g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 19g	
Vitamin D 0mcg	0%
Calcium 410mg	30%
Iron 2.7mg	15%
Potassium 220mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

18% calories from fat, 7% calories from Sat Fat, 3% sugar by weight

<b>ALLERGENS</b>	Milk, Soy, Wheat
<b>Product Facts</b>	
Frozen Shelf Life	360 Days
Case Dimensions (LxWxH)	18.875 x 11.875 x 9.625
Case Cube (ft <sup>3</sup> )	1.248
Pattern Tie x High = Total cases	8 x 7 = 56
Gross Wt (lbs)	20.850
Net Wt (lbs)	17.588
Kosher	Not a Kosher Product
<b>Country of Origin Information</b>	
Finished Product	USA
<b>PROGRAMS PRODUCT QUALIFIES FOR</b>	
HUSSC	Yes
35 10 35	Yes
Smart Snacks	Yes
Buy American	Yes

This specification was last updated on 2/8/2023

OTHER GTIN #	
Case	20016272201209
Each	60016272201207
Pallet	50016272201200

### CHILD NUTRITION IDENTIFICATION 096074

One 4.69 oz. Gilardi Three Cheese Calzone with Low Fat Mozzarella Cheese, Parmesan Cheese and Romano Cheese provides 2.00 oz. equivalent meat alternate, 2.00 oz. equivalent grains and 1/8 cup red/orange vegetable for Child Nutrition Meal Pattern Requirements, (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 09/17).

### WHOLE GRAIN CONTRIBUTION

The weight of all grain ingredients is at minimum 30g. There are 16g of whole grain in the product providing at least 51% whole grain per serving.

### HARD BID SPEC

Frozen handheld calzone, par-baked, IQF. CN labeled. Filling to consist of low fat mozzarella cheese, parmesan cheese, Romano cheese and sauce. Minimum portionweight of 4.69 oz. Calzone must contain 2 equivalent grains, 2 Meat Alt and 1/8 cup red/orange vegetable. Contains 16g of whole grain flour. Whole wheat flour must be Ultragrain® Brand. Minimum of 250 calories. Maximum 430mg Sodium. Packed 60, 4.69 oz. portions per case.

Sue Holbert, MS, RDN  
Food Safety Quality Customer Support  
[SpecsandInquiries@conagra.com](mailto:SpecsandInquiries@conagra.com)



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#### HEATING INSTRUCTIONS

Note: Thaw product before baking. Spray with PAM® before baking for softer crust. 18 Calzones fit on baking sheet. Great for satellite operations – fits well in entrée compartment.

Convection Oven: Thaw under refrigeration before baking. Keep covered while thawing. Bake within 48 hours of thawing for best quality. Preheat convection oven to 350°F. Place calzones on parchment lined baking sheet(s). Spray with cooking spray prior to bakings for softer crust. Bake 10-12 minutes or until product reaches an internal temperature of 165 °F.

Conventional Oven: Thaw under refrigeration before baking. Keep covered while thawing. Bake within 48 hours of thawing for best quality. Preheat convection oven to 400°F. Place calzones on parchment lined baking sheet(s). Spray with cooking spray prior to bakings for softer crust. Bake 10-12 minutes or until product reaches an internal temperature of 165 °F.

**Microwave Oven:** Cook only one at a time.

1)	Place one calzone on microwave-safe plate.
2)	Cook on HIGH 2 minutes 30 seconds to 3 minutes.
3)	Check that food is cooked thoroughly. HANDLE CAREFULLY; IT'S HOT! Let stand 1 minute and enjoy!

Note: Minimum product temperature should be 165°F after heating.

Due to microwave oven variations, the above times are to be used as guidelines.

#### INGREDIENTS

Low Fat Mozzarella Cheese([Pasteurized Part-Skim Milk, Cultures, Salt, Enzymes], NonfatMilk, Modified Food Starch\*, Potassium Chloride\*). \*Ingredients Not In Regular Mozzarella Cheese, Water, WholeWheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Tomato Paste (Not less than 31% NTSS), Soy Flour, Contains less than 2% of: Parmesan Cheese(Cultured, Pasteurized Part-Skim Milk, Salt, Enzymes), Romano Cheese from Cow's Milk (Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Pizza Seasoning (Sugar, Spices, Garlic Powder, Citric Acid), Dextrose, Soybean Oil, Yeast Blend (Yeast, Sorbitan Monostearate, May Contain Ascorbic Acid), Salt, Baking Powder (Sodium Bicarbonate, Cornstarch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Wheat Gluten, Modified Corn Starch, Dough Conditioner (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Enzymes), Yeast, Paprika Annatto Blend (Natural Extractives Of Annatto Seeds And Paprika With Mono-, Di-, And Triglycerides, Soybean and/or Canola Oil, Other Natural Flavors, Tocopherol And Potassium Hydroxide), Ascorbic Acid, Soy Lecithin. CONTAINS: MILK, SOY and WHEAT.

Sue Holbert, MS, RDN

Food Safety Quality Customer Support

[Specsand.Inquiries@conagra.com](mailto:Specsand.Inquiries@conagra.com)

CONTAINS  
APPROXIMATELY  
60-4.69 OUNCE  
PORTIONS

*Gilardi*

**CALZONE**



**THREE CHEESE CALZONE WITH LOW FAT MOZZARELLA CHEESE,  
PARMESAN CHEESE AND ROMANO CHEESE**

096074  
One 4.69 oz. Gilardi Three Cheese Calzone with Low Fat Mozzarella Cheese, Parmesan Cheese and Romano Cheese provides 2.00 oz. equivalent meat alternate, 2.00 oz. equivalent grains and 1/8 cup red/orange vegetable for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 09/17)

**INSPECTED BY THE  
U.S. DEPT. OF AGRICULTURE  
IN ACCORDANCE WITH  
FNS REQUIREMENTS**



10077786

**KEEP FROZEN; COOK THOROUGHLY.**

**INGREDIENTS:** Low Fat Mozzarella Cheese ([Pasteurized Part-Skim Milk, Cultures, Salt, Enzymes], Nonfat Milk, Modified Food Starch\*, Potassium Chloride\*), \*Ingredients Not In Regular Mozzarella Cheese, Water, Whole Wheat Flour, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Malted Barley Flour, Tomato Paste (Not less than 31% NTSS), Soy Flour, Contains less than 2% of: Parmesan Cheese (Cultured, Pasteurized Part-Skim Milk, Salt, Enzymes), Romano Cheese from Cow's Milk (Part-Skim Milk, Cheese Cultures, Salt, Enzymes), Pizza Seasoning (Sugar, Spices, Garlic Powder, Citric Acid), Dextrose, Soybean Oil, Yeast Blend (Yeast, Sorbitan Monostearate, May Contain Ascorbic Acid), Salt, Baking Powder (Sodium Bicarbonate, Cornstarch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Wheat Gluten, Modified Corn Starch, Dough Conditioner (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Enzymes), Yeast, Paprika Annatto Blend (Natural Extractives Of Annatto Seeds And Paprika With Mono-, Di-, And Triglycerides, Soybean and/or Canola Oil, Other Natural Flavors, Tocopherol And Potassium Hydroxide), Ascorbic Acid, Soy Lecithin.

**CONTAINS: MILK, WHEAT AND SOY**

**NET WT 17 LBS 9.4 OZ (7.97kg)**

  
**CONAGRA**  
• BRANDS •  
P.O. BOX 3534, DEPT. CUL  
CHICAGO, IL 60654

**16272-20120**  
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