



Kix™ Cereal Single Serve Bowlpak .625 oz

A crispy, whole grain corn cereal made with toasted corn puffed into pieces in a ready-to-eat bowl for convenient, portion control. For crediting in USDA Child Nutrition Programs: whole grain-rich criteria, USDA Smart Snacks criteria, and CACFP eligible.

Product Information:

PRODUCT CODE:	11942000
UPC:	16000119420
GTIN:	10016000119427
UNIT SIZE:	0.625
CASE COUNT:	96
ATTRIBUTES:	No Artificial Flavors Whole Grain



Ingredients & Allergens

Whole Grain Corn, Corn Meal, Sugar, Salt, Brown Sugar Syrup, Baking Soda. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Contains No Obligatory Allergens.

Preparation Instructions

Ready to eat

Package Information:

NET WEIGHT:	N/A
VOLUME:	1.8 CF
HEIGHT:	14.1
LENGTH:	16.8
WIDTH:	96

Nutrition Facts

Serving Size			1 Bowl (17g)	100g
Calories			As Packaged 70	As Packaged 400
			% DV	% DV
Total Fat	0.5g	1%	3g	
Saturated Fat	0g	0%	0g	
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	
Sodium	100mg	4%	550mg	
Total Carbohydrate	14g	5%	85g	
Dietary Fiber	1g	3%	8g	
Total Sugars	2g		10g	
Incl. Added Sugars	2g	3%	10g	
Protein	1g		8g	
Vitamin D			4%	5mcg
Calcium			4%	325mg
Iron			25%	28mg
Potassium			0%	0mg
Vitamin A			4%	1044IU
Vitamin C			4%	23mg
Thiamin			8%	1mg
Riboflavin			4%	0mg
Niacin			4%	4mg
Vitamin B6			8%	1mg

Folate		8%	200mcg
Folic Acid	15mcg		113mcg
Vitamin B12		8%	1mcg
Phosphorus		2%	175mg
Magnesium		2%	63mg
Zinc		8%	6mg

- * Percent Daily Value (DV) are based on a 2,000 calorie diet
- * Not a significant nutrient source
- * Nutritional information is subject to change. See product label to verify ingredients and allergens.
- * Do not eat raw dough or batter.
- * Nutritional information is subject to change. See product label to verify ingredients and allergens.

Product Photos:





No Artificial Colors & No Artificial Flavors

CRISPY CORN PUFFS

Kix

Kid-Tested Mother-Approved™

Nutrition Facts			Amount per serving			% Daily Value		
Serving size 1 bowl (17g)			Total Fat	0.5g	1%	Total Carb.	14g	5%
Calories per serving 70			Saturated Fat	0g	0%	Dietary Fiber	1g	3%
			Trans Fat	0g		Total Sugars	2g	
			Cholesterol	0mg	0%	Incl. 2g Added Sugars		3%
			Sodium	100mg	4%	Protein	1g	
Vitamin D 4% • Calcium 4% • Iron 25% • Potassium 0% • Vitamin A 4% • Vitamin C 4% Thiamin 8% • Riboflavin 4% • Niacin 4% • Vitamin B ₆ 8% • Folate 8% (15mcg folic acid) Vitamin B ₁₂ 8% • Phosphorus 2% • Magnesium 2% • Zinc 8%								

Ingredients: Whole Grain Corn, Corn Meal, Sugar, Salt, Brown Sugar Syrup, Baking Soda, Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B₆ (pyridoxine hydrochloride), Vitamin B₁ (thiamin mononitrate), Vitamin A (palmitate), Vitamin B₂ (riboflavin), A B Vitamin (folic acid), Vitamin B₁₂, Vitamin D₃.

DIST. BY GENERAL MILLS SALES, INC., MINNEAPOLIS, MN 55440 USA

Contains Bioengineered Food Ingredients Learn more at Ask.GeneralMills.com

70 CALORIES PER 1 BOWL

9g WHOLE GRAIN PER SERVING AT LEAST 49g RECOMMENDED DAILY

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NET WT 5/8 OZ (17g)

