

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / CORN, FROZEN: 10071179187158 Simplot Simple Goodness™ Ready-to-Eat Cut Corn, 1/20 LB. To be packed to U.S. Grade A Standards.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.89 oz.	½ cup thawed vegetable	n/a	110.72
2.91 oz.	½ cup cooked vegetable	n/a	109.96

PRODUCT FORMULATION CREDITS (<i>thaw & serve preparation, ready to eat</i>)					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Corn, frozen Whole Kernel, Includes USDA Foods	Starchy	2.89	x	11.10 / 16	2.00
Each 2.89 ounce serving of the product above contains 1/2 cup Starchy vegetable.					

PRODUCT FORMULATION CREDITS (<i>cooked preparation</i>)					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Corn, frozen Whole Kernel, Includes USDA Foods	Starchy	2.91	x	11.00 / 16	2.00
Each 2.91 ounce serving of the product above contains 1/2 cup Starchy vegetable.					

INGREDIENT STATEMENT		NUTRITION INFORMATION	
Corn.		Nutrition Facts Serving size 2.89 oz (82g) Amount per serving Calories 90 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 0mg 0% Total Carbohydrate 19g 7% Dietary Fiber 2g 7% Total Sugars 3g Includes 0g Added Sugars 0% Protein 2g Vitamin D 0mcg 0% Calcium 0mg 0% Iron 0.4mg 2% Potassium 170mg 4% Vitamin A 0mcg 0% Vitamin C 5mg 6% <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	Nutrition Facts Serving size 2.91 oz (82g) Amount per serving Calories 90 % Daily Value* Total Fat 0.5g 1% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 0mg 0% Total Carbohydrate 19g 7% Dietary Fiber 2g 7% Total Sugars 3g Includes 0g Added Sugars 0% Protein 2g Vitamin D 0mcg 0% Calcium 0mg 0% Iron 0.4mg 2% Potassium 180mg 4% Vitamin A 0mcg 0% Vitamin C 5mg 6% <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>
ALLERGENS PRESENT <input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish		THAW & SERVE	COOKED
ADDITIONAL INFORMATION <input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input checked="" type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision		COUNTRY OF ORIGIN Product of USA	

PREPARATION INSTRUCTIONS	
Thaw and Serve	Keep frozen until ready to use. If thawed, do not refreeze. Use refrigerated product within 6 days.
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add 2 ½ pounds of frozen vegetables and cook for 4 minutes, stirring as needed.
Steamer	Arrange 2 ½ pounds of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.

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CASE PACK AND SHELF LIFE (stored at 0°F or below)				<i>*Information may vary slightly by production facility</i>	
Gross Weight	21.5 LB	Case Cube (ft. ³)*	0.59	Pallet TI / HI*	15 / 8
Outer Case Dimensions (L x W x H)*		13.375" x 9.625" x 7.875"		Shelf-Life	10 months Frozen 6 days Thawed

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:



Katie Backstrom
Regulatory Manager

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