



## Nutrition

Serving Size: 2/3 cup (91g)  
Servings per container about 100  
Calories: 100

	Amount per serving	% Daily Values
Total Fat	0.5g	1%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	21g	8%
Dietary Fiber	2g	7%
Total Sugars	3g	
Includes 0g Added Sugars		0%
Protein	3g	
Vitamin D	0mcg	0%
Calcium	2mg	0%
Iron	0.4mg	2%
Potassium	194mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## Ingredients

CORN.



# Simplot Simple Goodness™ - RTE Cut Corn, Golden Jubilee

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. We do all the prep, so you get only 100% useable product. Our Golden Jubilee cut corn has been prepared for ready-to-eat (RTE) applications, offering the flexibility to thaw and serve them—with no additional cooking required—or heat them for hot applications.

## Product Specification

SKU	10071179187158
Pack	1/20lb
Brand	Simplot Simple Goodness™
Gross Weight	21.5lb
Net Weight	20lb
Country of Manufacture	US
Halal	Y
Kosher	Y
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

## Shipping Information

Length	13.375 in
Width	9.625 in
Height	7.875 in
Case Cube	0.587
TixHi	15X8
Shelf Life	730 Days
Storage Temp From/To	-10FA / 10FA

## Benefits

- 6-day refrigerated shelf life
- Thaw and serve
- Farm-fresh, Jubilee variety corn
- Reduces costly labor—no shucking or cutting
- Compare to raw trim loss of 72%
- No paying for drainage like canned

## Serving Suggestions

This versatile ingredient is recipe-ready for sides, pastas, salads, soups and chowders, salsa, and more.

## Preparation Instructions For Food Safety And Quality

KEEP FROZEN UNTIL READY TO USE IF THAWED, DO NOT REFREEZE

THAW AND SERVE Thaw unopened package no more than six days at 40°F.

STOVE TOP (optional) Bring 5 quarts of water to a boil on HIGH. Add 2½ pounds of frozen vegetables and cook for 4 minutes, stirring as needed.

STEAMER (optional) Arrange 2½ pounds of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.