



Nutrition

Serving Size: 2/3 cup (91g)
Servings per container about 100
Calories: 90

| | Amount per serving | % Daily Values |
|-----------------------------|-----------------------|-------------------|
| Total Fat | 2g | 3% |
| Saturated Fat | 0g | 0% |
| Trans Fat | 0g | |
| Cholesterol | 0mg | 0% |
| Sodium | 0mg | 0% |
| Total Carbohydrates | 16g | 6% |
| Dietary Fiber | 2g | 7% |
| Total Sugars | 8g | |
| Includes 0g Added Sugars | | 0% |
| Protein | 3g | |
| Vitamin D | 0mcg | 0% |
| Calcium | 0mg | 0% |
| Iron | 0.2mg | 2% |
| Potassium | 200mg | 4% |

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

CORN.



Simplot Simple Goodness™ - Cut Corn, Simply Sweet®

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste. Our Simply Sweet variety offers sweet taste with extra tender kernels.

Product Specification

| | |
|------------------------|--------------------------|
| SKU | 10071179187097 |
| Pack | 1/20lb |
| Brand | Simplot Simple Goodness™ |
| Gross Weight | 21.5lb |
| Net Weight | 20lb |
| Country of Manufacture | US |
| Halal | N |
| Kosher | Y |
| Vegan | Y |
| Vegetarian | Y |
| Low Fat | Y |
| Low Sodium | Y |
| Zero Grams Trans Fat | Y |

Shipping Information

| | |
|----------------------|--------------|
| Length | in |
| Width | in |
| Height | in |
| Case Cube | 0 |
| TixHi | 15X7 |
| Shelf Life | 730 Days |
| Storage Temp From/To | -10FA / 10FA |

Benefits

- Farm-fresh, super sweet variety corn
- Reduces costly labor—no shucking or cutting
- Compare to raw trim loss of 72%
- No paying for drainage like canned
- Easy preps and excellent hold times

Serving Suggestions

This versatile ingredient is recipe-ready for sides, pastas, salads, soups and chowders, salsa, and more.

Preparation Instructions For Food Safety And Quality

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.

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