

## USDA National School Lunch Product Fact Sheet

<b>PRODUCT SPECIFICATION:</b>	<b>VEGETABLE / BLEND, FROZEN: 10071179188377 Simplot Simple Goodness™ California Blend, 1/20 LB.</b> Packed to U.S. Grade A Standards. To contain 40% Broccoli, 30% Cauliflower and 30% Carrots.
-------------------------------	--

SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.98 oz.	½ cup cooked vegetable	n/a	107.38

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Broccoli, frozen Florets, Trimmed Includes USDA Foods	Dark Green	0.655	x	14.00 / 16	0.573 + 0.365 = 0.938
Broccoli, frozen Spears	Dark Green	0.536	x	10.90 / 16	
Cauliflower, frozen	Other	0.894	x	9.20 / 16	0.514
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.894	x	9.87 / 16	0.551
Each 2.98 ounce serving of the product above contains 1/8 cup Dark Green vegetable, 1/8 cup Red/Orange vegetable and 1/4 cup Other/Additional vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION
Broccoli, Cauliflower, Carrots.	<b>Nutrition Facts</b> Serving size 2.98 oz (84g) Amount per serving <b>Calories 25</b> % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 25mg 1% Total Carbohydrate 5g 2% Dietary Fiber 2g 7% Total Sugars 2g Includes 0g Added Sugars 0% Protein 1g Vitamin D 0mcg 0% Calcium 30mg 2% Iron 0mg 0% Potassium 180mg 4% Vitamin A 70mcg 8% Vitamin C 26mg 30% <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>
ALLERGENS PRESENT	
<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish	
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Guatemala and/or Mexico

COOKING INSTRUCTIONS	
<b>Steamer</b>	Arrange frozen vegetables in a half-size steam table pan. Steam 1 lb. for 2 minutes or 2 lbs. for 3 minutes.
<b>Stove Top</b>	Bring 4-quarts of water to a boil in a 7-quart pan. Add vegetables to boiling water. Cook 1 lb. for 3¼ minutes or 2 lbs. for 5 minutes. Stir occasionally. Drain and serve.
<b>To Serve Cold</b>	For food safety and quality, prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature. Do not overcook.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	21.50 LB	Case Cube (ft. <sup>3</sup> )*	0.84	Pallet TI / HI*	12 / 7
Outer Case Dimensions (L x W x H)*	16" x 10" x 9.125"			Shelf-Life	24 months

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

*Kelsey Farley*  
Kelsey Farley  
Research Technologist

## USDA National School Lunch Product Fact Sheet

