



Nutrition

Serving Size: 3/4 cup (77g)
Servings per container about 118
Calories: 25

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	20mg	1%
Total Carbohydrates	5g	2%
Dietary Fiber	2g	7%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	20mg	2%
Iron	0.3mg	2%
Potassium	160mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

BROCCOLI, CAULIFLOWER, CARROTS.



Simplot Simple Goodness™ - California Vegetable Blend

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste. This popular blend of broccoli, cauliflower and carrots delivers farm-fresh plate appeal.

Product Specification

SKU	10071179188377
Pack	1/20lb
Brand	Simplot Simple Goodness™
Gross Weight	21.5lb
Net Weight	20lb
Country of Manufacture	MX
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	16 in
Width	10 in
Height	9.125 in
Case Cube	0.845
TixHi	12X7
Shelf Life	720 Days
Storage Temp From/To	-10FA / 10FA

Benefits

- Hand-cut broccoli and cauliflower with bias-sliced carrots for scratch-made appearance
- Consistent year-round quality and pricing
- 100% useable, no trim loss
- Individually quick frozen for easy portioning and less waste

Serving Suggestions

Make your own signature blends with fresh ingredients or simply add flavorful seasonings, sauces or toppings, such as parmesan and bread crumbs.

Preparation Instructions For Food Safety And Quality

REMOVE DESIRED AMOUNT OF VEGETABLES FROM CASE (OR BAG) AND HEAT TO 165°F PRIOR TO SERVING FOR FOOD SAFETY AND QUALITY.

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