

## USDA National School Lunch Product Fact Sheet

<b>PRODUCT SPECIFICATION:</b>	<b>ASPARAGUS / VEGETABLES, FROZEN: 10071179160373 Simplot Simple Goodness™ Asparagus Cuts &amp; Tips, 6/2.5 LB.</b> Packed to U.S. Grade A Standards.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.96 oz.	½ cup cooked vegetable	10.10	60.60

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Asparagus, frozen Cuts and Tips	Other	3.96	x	8.10 / 16	2.00
Each 3.96 ounce serving of the product above contains 1/2 cup Other vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION
Asparagus.	<b>Nutrition Facts</b> Serving size 3.96 oz (112g) Amount per serving <b>Calories 30</b> % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 0mg 0% Total Carbohydrate 4g 1% Dietary Fiber 2g 7% Total Sugars 1g Includes 0g Added Sugars 0% Protein 3g Vitamin D 0mcg 0% Calcium 30mg 2% Iron 0.7mg 4% Potassium 280mg 6% Vitamin A 0mcg 0% Vitamin C 13mg 15% <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>
<b>ALLERGENS PRESENT</b>	
<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish	
<b>ADDITIONAL INFORMATION</b>	<b>COUNTRY OF ORIGIN</b>
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Peru

COOKING INSTRUCTIONS	
<b>Stove Top</b>	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.
<b>Steamer</b>	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
<b>Microwave (1100 Watts)</b>	Place one bag of frozen vegetables in a microwave safe dish. Add 2 tbsp of water and cover. Cook on HIGH for 18 minutes, stirring halfway through cook time.
<b>To Serve Cold</b>	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
<b>Gross Weight</b>	17.00 LB	<b>Case Cube (ft.<sup>3</sup>)*</b>	0.65	<b>Pallet TI / HI*</b>	10 / 10
<b>Outer Case Dimensions (L x W x H)*</b>	16.045" x 10.805" x 6.525"			<b>Shelf-Life</b>	24 months

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

  
Kelsey Farley  
Senior Regulatory Specialist

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