

## USDA National School Lunch Product Fact Sheet

<b>PRODUCT SPECIFICATION:</b>	<b>VEGETABLE / BLEND, FROZEN: 10071179188452 Simplot Simple Goodness™ Sugar Snap Pea Stir-Fry Blend, 12/2 LB.</b> Packed to U.S. Grade A Standards. To contain 44% Broccoli, 29% Sugar Snap Peas, 10% Bean Sprouts, 10% Water Chestnuts and 7% Red Bell Peppers.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.30 oz.	½ cup cooked, drained vegetable	9.69	116.36

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Broccoli, frozen Cut or chopped	Dark Green	1.452	x	9.60 / 16	0.8712
Peas, Sugar Snap, frozen Whole	Other	0.957	x	9.78 / 16	0.5849 + 0.3011 = 0.8860
Bean Sprouts, Fresh Mung	Other	0.330	x	14.60 / 16	
Water Chestnuts, canned	Starchy	0.330	x	6.70 / 16	0.1381
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.231	x	7.30 / 16	0.1053
Each 3.30 ounce serving of the product above contains 1/8 cup Dark Green vegetable, 1/8 cup Other vegetable and 1/4 cup Additional vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																										
Broccoli, Sugar Snap Peas, Bean Sprouts, Water Chestnuts, Red Bell Pepper.	<table> <tr> <th colspan="2">Nutrition Facts</th></tr> <tr> <td>Serving size</td><td>3.30 oz (94g)</td></tr> <tr> <td>Amount per serving</td><td></td></tr> <tr> <td><b>Calories</b></td><td><b>35</b></td></tr> <tr> <td colspan="2">% Daily Value*</td></tr> <tr> <td>Total Fat 0g</td><td>0%</td></tr> <tr> <td>Saturated Fat 0g</td><td>0%</td></tr> <tr> <td>Trans Fat 0g</td><td></td></tr> <tr> <td>Cholesterol 0mg</td><td>0%</td></tr> <tr> <td>Sodium 10mg</td><td>0%</td></tr> <tr> <td>Total Carbohydrate 6g</td><td>2%</td></tr> <tr> <td>Dietary Fiber 2g</td><td>7%</td></tr> <tr> <td>Total Sugars 2g</td><td></td></tr> <tr> <td>Includes 0g Added Sugars</td><td>0%</td></tr> <tr> <td>Protein 2g</td><td></td></tr> <tr> <td>Vitamin D 0mcg</td><td>0%</td></tr> <tr> <td>Calcium 30mg</td><td>2%</td></tr> <tr> <td>Iron 0.6mg</td><td>4%</td></tr> <tr> <td>Potassium 200mg</td><td>4%</td></tr> <tr> <td>Vitamin A 0mcg</td><td>0%</td></tr> <tr> <td>Vitamin C 34mg</td><td>40%</td></tr> </table> <p><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></p>	Nutrition Facts		Serving size	3.30 oz (94g)	Amount per serving		<b>Calories</b>	<b>35</b>	% Daily Value*		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 10mg	0%	Total Carbohydrate 6g	2%	Dietary Fiber 2g	7%	Total Sugars 2g		Includes 0g Added Sugars	0%	Protein 2g		Vitamin D 0mcg	0%	Calcium 30mg	2%	Iron 0.6mg	4%	Potassium 200mg	4%	Vitamin A 0mcg	0%	Vitamin C 34mg	40%
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<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																											
<b>ADDITIONAL INFORMATION</b>	<b>COUNTRY OF ORIGIN</b>																																										
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input checked="" type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of China, Ecuador, Mexico, Peru and United States																																										

COOKING INSTRUCTIONS	
<b>Sauté</b>	Heat 1 Tbsp. oil in a large skillet on MEDIUM-HIGH. Add one bag of frozen vegetables. Sauté for 8 minutes, stirring frequently.
<b>Steamer</b>	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
<b>Microwave (1100 Watts)</b>	Place one bag of frozen vegetables in a microwave safe dish. Add 2 Tbsp. of water and cover. Cook on HIGH for 15 minutes, stirring halfway through cook time.
<b>To Serve Cold</b>	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	25.25 LB	Case Cube (ft. <sup>3</sup> )*	1.12	Pallet TI / HI*	8 / 7
Outer Case Dimensions (L x W x H)*	18.375" x 11.5" x 9.125"			Shelf-Life	24 months

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

  
Kelsey Farley  
Research Technologist

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