

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / CARROTS, FROZEN: 10071179184119 Simplot Simple Goodness™ Ready-to-Eat Diced Carrots, 12/2 LB. To be packed to U.S. Grade A Standard.
-------------------------------	---

SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.25 oz.	½ cup thawed vegetable	9.84	118.15
3.25 oz.	½ cup cooked, drained vegetable	9.84	118.15

PRODUCT FORMULATION CREDITS (<i>thaw & serve preparation, ready to eat</i>)					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	3.25	x	9.87 / 16	2.00
Each 3.25 ounce serving of the product above contains 1/2 cup Red/Orange vegetable.					

PRODUCT FORMULATION CREDITS (<i>cooked preparation</i>)					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	3.25	x	9.87 / 16	2.00
Each 3.25 ounce serving of the product above contains 1/2 cup Red/Orange vegetable.					

INGREDIENT STATEMENT		NUTRITION INFORMATION	
Carrots		Nutrition Facts Serving size 3.25 oz (92g) Amount per serving Calories 40 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 40mg 2% Total Carbohydrate 8g 3% Dietary Fiber 3g 11% Total Sugars 4g Includes 0g Added Sugars 0% Protein 1g Vitamin D 0mcg 0% Calcium 30mg 2% Iron 0.3mg 2% Potassium 220mg 4% Vitamin A 230mcg 25% Vitamin C 4mg 4% <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	Nutrition Facts Serving size 3.25 oz (92g) Amount per serving Calories 40 % Daily Value* Total Fat 0g 0% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 40mg 2% Total Carbohydrate 8g 3% Dietary Fiber 3g 11% Total Sugars 4g Includes 0g Added Sugars 0% Protein 1g Vitamin D 0mcg 0% Calcium 30mg 2% Iron 0.3mg 2% Potassium 220mg 4% Vitamin A 230mcg 25% Vitamin C 4mg 4% <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>
		THAW & SERVE	COOKED
ALLERGENS PRESENT <input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish <input type="checkbox"/> Sesame		COUNTRY OF ORIGIN Product of USA	
ADDITIONAL INFORMATION <input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision			

PREPARATION INSTRUCTIONS	
Thaw and Serve	Keep frozen until ready to use. If thawed, do not refreeze. Keep refrigerated for up to 6 days.
StoveTop	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 4 minutes, stirring as needed.
Steamer	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.

USDA National School Lunch Product Fact Sheet

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	25.25 LB	Case Cube (ft. ³)*	0.94	Pallet TI / HI*	12 x 6
Outer Case Dimensions (L x W x H)*		16" x 10" x 10.125"		Shelf-Life	24 months Frozen 6 days Thawed

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Katie Backstrom
Katie Backstrom
Regulatory Manager

