

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:

VEGETABLE / CARROTS, FROZEN: 10071179184119 Simplot Simple Goodness™ Ready-to-Eat Diced Carrots, 12/2 LB. To be packed to U.S. Grade A Standard.

SERVING INFORMATION					
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case		
3.25 oz.	½ cup thawed vegetable	9.84	118.15		
3.25 oz.	½ cup cooked, drained vegetable	9.84	118.15		

PRODUCT FORMULATION CREDITS (thaw & serve preparation, ready to eat)					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	3.25	х	9.87 / 16	2.00
Each 3.25 ounce serving of the product above contains 1/2 cup Red/Orange vegetable.					

PRODUCT FORMULATION CREDITS (cooked preparation)					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient		FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	3.25	х	9.87 / 16	2.00
Each 2.25 augus coming of the product characterist 4/2 aug Bod/Ovenge (vegetable					

INGREDIENT STATEMENT	NUTRITION IN	IFORMATION
Carrots	Nutrition Facts Serving size 3.25 oz (92g)	Nutrition Facts Serving size 3.25 oz (92g)
	Amount per serving Calories 40	Amount per serving Calories 40
	% Daily Value*	% Daily Value*
	Total Fat 0g 0%	Total Fat 0g 0%
	Saturated Fat 0g 0%	Saturated Fat 0g 0%
	Trans Fat 0g	Trans Fat 0g
	Cholesterol 0mg 0%	Cholesterol 0mg 0%
	Sodium 40mg 2%	Sodium 40mg 2%
	Total Carbohydrate 8g 3%	Total Carbohydrate 8g 3%
	Dietary Fiber 3g 11%	Dietary Fiber 3g 11%
	Total Sugars 4g	Total Sugars 4g
	Includes 0g Added Sugars 0%	Includes 0g Added Sugars 0%
	Protein 1g	Protein 1g
	Vitamin D 0mcg 0%	Vitamin D 0mcg 0%
	Calcium 30mg 2%	Calcium 30mg 2%
	Iron 0.3mg 2%	Iron 0.3mg 2%
	Potassium 220mg 4%	Potassium 220mg 4%
	Vitamin A 230mcg 25%	Vitamin A 230mcg 25%
	Vitamin C 4mg 4%	Vitamin C 4mg 4%
ALLERGENS PRESENT	*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.	*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.
☑ None☐ Milk☐ Egg☐ Wheat☐ Soy☐ Peanuts☐ Tree Nuts☐ Fish☐ Molluscan Shellfish☐ Sesame	THAW & SERVE	COOKED
ADDITIONAL INFORMATION		COUNTRY OF ORIGIN
☑ Lacto-Ovo Vegetarian☑ Vegan☑ Kosher☐ Halal☑ Smart St☑ Meets Buy America Provision	nack Compliant	Product of USA

PREPARATION INSTRUCTIONS				
Thaw and Serve	We Keep frozen until ready to use. If thawed, do not refreeze. Keep refrigerated for up to 6 days.			
StoveTop	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 4 minutes, stirring as needed.			
Steamer	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.			

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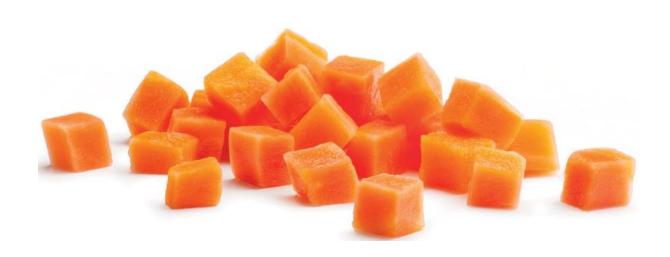
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CASE PACK AND SHELF LIFE (stored at 0°F or below) *Information may vary slightly by production facility					
Gross Weight	25.25 LB	Case Cube (ft.³)* 0.94 Pallet TI / HI* 12 x 6			12 x 6
Outer Case Dimensions (L x W x H)*		16" x 10" x 10.125"		Shelf-Life	24 months Frozen 6 days Thawed

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Katu Backstrom
Regulatory Manager





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