



## Nutrition

Serving Size: 1 cup (140g)  
Servings per container about 64  
Calories: 90

|                             | Amount<br>per serving | % Daily<br>Values |
|-----------------------------|-----------------------|-------------------|
| Total Fat                   | 1g                    | 1%                |
| Saturated Fat               | 0g                    | 0%                |
| Trans Fat                   | 0g                    |                   |
| Cholesterol                 | 0mg                   | 0%                |
| Sodium                      | 0mg                   | 0%                |
| Total Carbohydrates         | 19g                   | 7%                |
| Dietary Fiber               | 7g                    | 25%               |
| Total Sugars                | 11g                   |                   |
| Includes 0g Added<br>Sugars |                       | 0%                |
| Protein                     | 1g                    |                   |
| Vitamin D                   | 0mcg                  | 0%                |
| Calcium                     | 30mg                  | 2%                |
| Iron                        | 0.8mg                 | 4%                |
| Potassium                   | 160mg                 | 4%                |

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

## Ingredients

BLUEBERRIES, BLACKBERRIES,  
RASPBERRIES.



## Simplot Simple Goodness™ - Pacific Berry Blend

Selected from the top growing regions in the U.S. and abroad, Simplot Simple Goodness™ Fruit deliver all the color and flavor of fresh, without the costly, time-consuming prep and waste. These plump, ripe blueberries, blackberries and raspberries are harvested at the peak of freshness.

## Product Specification

|                        |                          |
|------------------------|--------------------------|
| SKU                    | 10071179019404           |
| Pack                   | 4/5lb                    |
| Brand                  | Simplot Simple Goodness™ |
| Gross Weight           | 21lb                     |
| Net Weight             | 20lb                     |
| Country of Manufacture | US                       |
| Halal                  | Y                        |
| Kosher                 | N                        |
| Vegan                  | Y                        |
| Vegetarian             | Y                        |
| Low Fat                | Y                        |
| Low Sodium             | Y                        |
| Zero Grams Trans Fat   | Y                        |

## Shipping Information

|                      |              |
|----------------------|--------------|
| Length               | 15.875 in    |
| Width                | 11.875 in    |
| Height               | 8.625 in     |
| Case Cube            | 0.941        |
| TixHi                | 10X8         |
| Shelf Life           | 730 Days     |
| Storage Temp From/To | -10FA / 10FA |

## Benefits

- Plump, ripe berries that are ready to use, no washing necessary
- 100% useable, no trim loss or waste
- IQF pack for easy convenient portioning
- Consistent year-round quality and pricing

## Serving Suggestions

Use as an ingredient for toppings, baked goods, or desserts. Great for smoothies and cocktails. Versatile for breakfast, lunch or dinner applications.

## Preparation Instructions For Food Safety And Quality

KEEP FROZEN UNTIL READY TO USE. IF THAWED, DO NOT REFREEZE.  
THAW AND SERVE.

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