

## USDA National School Lunch Product Fact Sheet

<b>PRODUCT SPECIFICATION:</b>	<b>VEGETABLE / CARROTS, FROZEN: 10071179184836 Simplot Simple Goodness™ Whole Baby Carrots, 12/2 LB. Packed to U.S. Grade A Standards.</b>
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.94 oz.	½ cup cooked, drained vegetable	10.88	130.61

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Baby	Red/Orange	2.94	x	10.90 / 16	2.00
Each 2.94 ounce serving of the product above contains 1/2 cup Red/Orange vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION
Carrots.	<b>Nutrition Facts</b> <b>Serving size</b> 2.94 oz (83g) <b>Amount per serving</b> <b>Calories</b> 35 <b>% Daily Value*</b> <b>Total Fat</b> 0g 0% <b>Saturated Fat</b> 0g 0% <b>Trans Fat</b> 0g <b>Cholesterol</b> 0mg 0% <b>Sodium</b> 35mg 2% <b>Total Carbohydrate</b> 8g 3% <b>Dietary Fiber</b> 3g 11% <b>Total Sugars</b> 4g <b>Includes 0g Added Sugars</b> 0% <b>Protein</b> 1g <b>Vitamin D</b> 0mcg 0% <b>Calcium</b> 30mg 2% <b>Iron</b> 0mg 0% <b>Potassium</b> 200mg 4% <b>Vitamin A</b> 200mcg 20% <b>Vitamin C</b> 4mg 4% <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>
<b>ALLERGENS PRESENT</b>	
<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish	
<b>ADDITIONAL INFORMATION</b>	<b>COUNTRY OF ORIGIN</b>
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant	Product of USA
<input checked="" type="checkbox"/> Meets Buy America Provision	

COOKING INSTRUCTIONS	
<b>Stove Top</b>	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 6 minutes, stirring as needed.
<b>Steamer</b>	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 5 minutes.
<b>Microwave (1100 Watts)</b>	Place one bag of frozen vegetables in a microwave safe dish. Add ¼ cup of water and cover. Cook on HIGH for 16 minutes, stirring halfway through cook time.
<b>To Serve Cold</b>	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
<b>Gross Weight</b>	25.25 LB	<b>Case Cube (ft.<sup>3</sup>)*</b>	0.87	<b>Pallet TI / HI*</b>	12 / 6
<b>Outer Case Dimensions (L x W x H)*</b>	16" x 10" x 9.375"			<b>Shelf-Life</b>	24 months

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

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Kelsey Farley  
Senior Regulatory Specialist

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