



Nutrition

Serving Size: 1 cup (95g)
Servings per container
Calories: 35

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrates	7g	3%
Dietary Fiber	2g	7%
Total Sugars	2g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	43mg	4%
Iron	0.8mg	4%
Potassium	177mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

GREEN BEANS.



Simplot Simple Goodness™ - Haricot Vert

Simplot Simple Goodness™ Premium Vegetables make a statement with their upscale, hand-cut appearance, bright color, and outstanding flavor. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste. These slender, French green beans make for elegant presentations.

Product Specification

SKU	10071179816775
Pack	6/2.5lb
Brand	Simplot Simple Goodness™
Gross Weight	16.5lb
Net Weight	15lb
Country of Manufacture	BE
Halal	N
Kosher	N
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	in
Width	in
Height	in
Case Cube	0
TixHi	10X8
Shelf Life	720 Days
Storage Temp From/To	-10FA / 10FA

Benefits

- Farm-fresh color and flavor
- Year-round availability and pricing
- Upscale, hand-picked appearance
- Individually quick frozen for easy portioning and less waste

Serving Suggestions

These thin, French green beans offer a bright, upscale side for steak, fish and more. Make your own signature blends with fresh ingredients or rotate in your vegetarian menu offerings.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW. THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen vegetables and cook for 14 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen vegetables in a slotted full-size steam table pan. 2. Steam for 4 minutes.

MICROWAVE (1100 WATTS) 1. Place one bag of frozen vegetables in a microwave safe dish. 2. Add 1/4 cup of water and cover. 3. Cook on HIGH for 20 minutes, stirring halfway through cook time.