



Nutrition

Serving Size: 3/4 cup (108g)
Servings per container about 84
Calories: 80

	Amount per serving	% Daily Values
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	20mg	1%
Total Carbohydrates	17g	6%
Dietary Fiber	2g	7%
Total Sugars	1g	
Includes 0g Added Sugars		0%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	10mg	0%
Iron	0.8mg	4%
Potassium	490mg	10%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

REDSKIN POTATOES.



Simplot Simple Goodness™ - Redskin Tri-Cut Potatoes

Simplot Simple Goodness™ Classic Vegetables offer the classic flavors and consistent blends that customers love. We do all the washing, slicing and trimming, so you get only 100% useable product and 0% waste. Our unique Redskin Tri-Cut Potatoes look and taste great on the side or in any recipe.

Product Specification

SKU	10071179194095
Pack	4/5lb
Brand	Simplot Simple Goodness™
Gross Weight	21.5lb
Net Weight	20lb
Country of Manufacture	US
Halal	Y
Kosher	N
Vegan	Y
Vegetarian	Y
Low Fat	Y
Low Sodium	Y
Zero Grams Trans Fat	Y

Shipping Information

Length	13.375 in
Width	12 in
Height	7.625 in
Case Cube	0.708
TixHi	12X8
Shelf Life	730 Days
Storage Temp From/To	-10FA / 10FA

Benefits

- Blanched redskin potatoes cut and prepared for your kitchen
- Reduces costly labor—just heat and serve
- Consistent year-round quality and pricing
- Individually quick frozen for easy portioning

Serving Suggestions

Unseasoned and ready for your recipes. Use as a side dish or in soups, stews, casseroles and breakfast favorites.

Preparation Instructions For Food Safety And Quality

FOR FOOD SAFETY AND QUALITY, COOK TO A TEMPERATURE OF 165°F. TO SERVE COLD, PREPARE VEGETABLES AS STATED BELOW, THEN COOL AS RAPIDLY AS POSSIBLE TO REFRIGERATED TEMPERATURE.

STOVE TOP 1. Bring 5 quarts of water to a boil on HIGH. 2. Add one bag of frozen potatoes and cook for 10 minutes, stirring as needed.

STEAMER 1. Arrange one bag of frozen potatoes in a slotted full-size steam table pan. 2. Steam for 5 minutes.

MICROWAVE (1100 Watts) 1. Place 1/2 bag of frozen potatoes in a microwave safe dish. 2. Add 1/4 cup of water and cover. 3. Cook on HIGH for 18 minutes, stirring halfway through cook time.