

## USDA National School Lunch Product Fact Sheet

<b>PRODUCT SPECIFICATION:</b>	<b>VEGETABLE / BLEND, FROZEN: 10071179188483 Simplot Simple Goodness™ Country Garden Vegetables &amp; Pasta, 12/2 LB.</b> Packed to U.S. Grade A Standards. To contain 37% Rotini Pasta, 34% Broccoli, 22% Corn and 7% Red Peppers.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
4.83 oz.	½ cup cooked, drained vegetable	6.62	79.50

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Corn, frozen Whole Kernel, Includes USDA Foods	Starchy	1.0626	x	11.00 / 16	0.7305
Broccoli, frozen Spears	Dark Green	1.6422	x	10.90 / 16	1.1187
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.3381	x	7.30 / 16	0.1542
Each 4.83 ounce serving of the product above contains 1/4 cup Dark Green vegetable, 1/8 cup Starchy vegetable, and 1/8 cup Additional vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION
Cooked Enriched Pasta (Water, Durum Wheat Semolina, Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Broccoli, Corn, Red Bell Pepper.	<b>Nutrition Facts</b> <b>Serving size</b> 4.83 oz (137g) <b>Amount per serving</b> <b>Calories</b> <b>130</b> <small>% Daily Value*</small> <b>Total Fat</b> 1.5g <b>2%</b> <b>Saturated Fat</b> 0g <b>0%</b> <b>Trans Fat</b> 0g <b>Cholesterol</b> 0mg <b>0%</b> <b>Sodium</b> 20mg <b>1%</b> <b>Total Carbohydrate</b> 24g <b>9%</b> <b>Dietary Fiber</b> 3g <b>11%</b> <b>Total Sugars</b> 4g <b>Includes 0g Added Sugars</b> <b>0%</b> <b>Protein</b> 5g <b>Vitamin D</b> 0mcg <b>0%</b> <b>Calcium</b> 0mg <b>0%</b> <b>Iron</b> 1.1mg <b>6%</b> <b>Potassium</b> 220mg <b>4%</b> <b>Vitamin A</b> 0mcg <b>0%</b> <b>Vitamin C</b> 32mg <b>35%</b> <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>
<b>ALLERGENS PRESENT</b>	
<input type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input checked="" type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish	
<b>ADDITIONAL INFORMATION</b>	<b>COUNTRY OF ORIGIN</b>
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant	Product of USA, Guatemala, Mexico
<input checked="" type="checkbox"/> Meets Buy America Provision	

COOKING INSTRUCTIONS	
<b>Stove Top</b>	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 6 minutes, stirring as needed.
<b>Steamer</b>	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
<b>Microwave (1100 Watts)</b>	Place one bag of frozen vegetables in a microwave safe dish. Add 2 tbsp. of water and cover. Cook on HIGH for 15 minutes, stirring halfway through cook time.
<b>To Serve Cold</b>	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
<b>Gross Weight</b>	25.25 LB	<b>Case Cube (ft.<sup>3</sup>)*</b>	1.12	<b>Pallet TI / HI*</b>	8 / 7
<b>Outer Case Dimensions (L x W x H)*</b>	18.375" x 11.5" x 9.125"			<b>Shelf-Life</b>	18 months

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

*Kelsey Farley*  
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Research Technologist

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