



Nutrition

Serving Size: 2 tbsp (30g) Servings per container about 181

Calories: 50

	Amount per serving	% Daily Values
Total Fat	5g	6%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	130mg	6%
Total Carbohydrates	2g	1%
Dietary Fiber	2g	8%
Total Sugars	0g	
Includes 0g Added Sugars		0%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	0mg	0%
Iron	0.3mg	2%
Potassium	150mg	4%

The % Daily Value tells you how much a nutrient in a serving of foods contributes to a daily diet. 2,000 calories a day is used for general nutrition advice

Ingredients

AVOCADO, RED BELL PEPPER, ONION, SALT, JALAPENO PEPPER, GARLIC, LIME JUICE CONCENTRATE.



Simplot Harvest Fresh™ Avocados - Western Guacamole, Frozen

Inspire more passion in your customers with Simplot Harvest Fresh™ Avocados. Perfectly ripe and always ready, our hand-picked avocados will take dishes across your menu to delicious new heights. Western is the mildest of our five guacamole options, with just right amount of red bell pepper, onion, salt, jalapeno pepper, garlic, and lime juice.

Product Specification SKU 10071179193425 Pack 12/1lb Simplot Harvest Brand Fresh™ Avocados Gross Weight 14lb Net Weight 12lb Country of Manufacture MX Halal Υ Kosher Υ Vegan Vegetarian Υ Gluten Free Low Fat Ν Low Sodium

Shipping Information	
Length	11.375 in
Width	8.875 in
Height	6.125 in
Case Cube	0.358
TixHi	17X8
Shelf Life	540 Days
Storage Temp From/To	-10FA / 10FA

Benefits

Zero Grams Trans Fat

- Our mildest guacamole recipe
- Consistent pricing, quality and availability all year

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- Elevate your menu and check average
- Say goodbye to labor and waste
- Satisfy patrons looking for healthy options

Serving Suggestions

Use to top nachos, fajitas, salads, and tacos. Spread on sandwiches for a southwestern flair. Added menu item profitability.

Preparation Instructions For Food Safety And Quality

KEEP FROZEN. DO NOT THAW IN MICROWAVE.

FOR BEST QUALITY, THAW UNOPENED BAG FOR 15-24 HOURS IN THE REFRIGERATOR (40°F) IN SINGLE LAYER. OPENED BAG: KEEP SURFACE COVERED TO PREVENT BROWNING. USE REFRIGERATED GUACAMOLE WITHIN 7 DAYS. ONCE THAWED, DO NOT REFREEZE.

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