NUTRITIONAL INFORMATION

(consumer.php)

Chicken & Swiss



Ingredients: Chicken Patty - Ingredients: Boneless Chicken Breast With Rib Meat, Water, Potato Starch, Salt, Sodium Phosphates. Breaded With Enriched Bleached Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Yellow Corn Flour, Food Starch-Modified, Spices, Dried Onion, Iodized Salt, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Whey, Paprika Extract (Color), Soy Flour, Sodium Alginate, Nonfat Milk, Natural Flavor, Egg; Cornmeal Bun - Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Fully Refined Soybean Oil, Yeast, Granulated Sugar, Wheat Gluten, Degerminated Yellow Cornmeal, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Salt, Calcium Propionate (To Retain Freshness), Dough Improver (Malted Wheat Flour, Enzymes And 2% Or Less Of Ascorbic Acid), Calcium Sulfate, Enzymes; Swiss Cheese -Pasteurized Part Skim Milk, Cheese Culture, Salt And Enzymes

Contains: Egg, Milk, Soy, Wheat

Total Weight: 6.25 Ounces **Serving Size:** 1 Sandwich

Nutrient	Amount	% Daily
		Value
Calories	488 cal	24
Calories From Fat	188 cal	N/A
Total Fat	21 g	32
Saturated Fat	6 g	30
Cholesterol	52 mg	17
Sodium	879 mg	37
Total Carbohydrate	52 g	17
Dietary Fiber	2 g	8
Sugars	3 g	N/A
Protein	24 g	48
Vitamin A	144 IU	3
Vitamin C	5 mg	8
Calcium	246 mg	25
Iron	3 mg	19
Thiamin	o mg	25
Riboflavin	o mg	15
Niacin	3 mg	15
Folic Acid	25 μg	6

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