

Kellogg's® Corn Pops®

# Kellogg's® Corn Pops® cereal

8.75 LB



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Nutrition



Ingredients



Allergens



Features &  
Benefits



Company, Brand  
& Sustainability

150

Calories

0 g

Sat Fat

160 mg

Sodium

15 g

Sugar

## Nutrition Facts

Servings Per Container About 99

**Serving Size 1 1/3 Cup (40 g)**

Amount Per Serving	Cereal		with 3/4 cup skim milk	
<b>Calories</b>	<b>150</b>		<b>220</b>	
	% DV *		% DV *	
<b>Total Fat</b>	0 g	0%	0.5 g	1%
Saturated Fat	0 g	0%	0 g	0%
Trans Fat	0 g		0 g	
Polyunsaturated Fat	0 g		0 g	
Monounsaturated Fat	0 g		0 g	
<b>Cholesterol</b>	0 mg	0%	<5 mg	1%
<b>Sodium</b>	160 mg	7%	240 mg	10%
<b>Total Carbohydrate</b>	36 g	13%	45 g	16%

<b>Amount Per Serving</b>	<b>Cereal</b>		<b>with 3/4 cup skim milk</b>	
Dietary Fiber	0 g	0%	0 g	0%
Total Sugars	15 g		25 g	
<b>Includes 15g Added Sugars</b>	15 g	30%	15 g	30%
<b>Protein</b>	2 g		8 g	
<b>Vitamin D</b>	2 mcg	10%	4.2 mcg	20%
<b>Calcium</b>	0 mg	0%	220 mg	15%
<b>Iron</b>	4.5 mg	25%	4.5 mg	25%
<b>Potassium</b>	30 mg	0%	320 mg	6%
<b>Thiamin</b>		20%		25%
<b>Riboflavin</b>		20%		45%
<b>Niacin</b>		20%		25%
<b>Vitamin B6</b>		20%		20%
<b>Folate</b> <b>(45 mcg Folic Acid)</b>	80 mcg	20%	85 mcg	20%
<b>Vitamin B12</b>		20%		50%
* % DV = % Daily Value*				

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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Information last updated on 15-07-2020 by Kellogg's

Product information can change at any time. Always refer to product package for current nutrition and ingredient information.

