

## USDA National School Lunch Product Fact Sheet

<b>PRODUCT SPECIFICATION:</b>	<b>CORN / VEGETABLES, FROZEN: 10071179187417 Simplot Simple Goodness™ Simply Sweet 5.5" Cob Corn, 48 count.</b> Packed to U.S. Grade A Standards.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
1 cob	½ cup cooked vegetable	n/a	48.00

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Corn, frozen Corn on the cob, 5¼-inch ear (medium), Includes USDA Foods	Starchy	6.56	x	2.44 / 16	1.00
Each 6.56 ounce serving of the product above contains 1/2 cup Starchy vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION
Corn.	<b>Nutrition Facts</b> Serving size 6.56 oz (186g) Amount per serving <b>Calories 200</b> % Daily Value* Total Fat 1.5g 2% Saturated Fat 0g 0% Trans Fat 0g Cholesterol 0mg 0% Sodium 0mg 0% Total Carbohydrate 42g 15% Dietary Fiber 5g 18% Total Sugars 6g Includes 0g Added Sugars 0% Protein 5g Vitamin D 0mcg 0% Calcium 0mg 0% Iron 0.8mg 4% Potassium 400mg 8% Vitamin A 0mcg 0% Vitamin C 11mg 10% <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>
ALLERGENS PRESENT	
<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish	
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN
<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input checked="" type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA

COOKING INSTRUCTIONS	
<b>Stove Top</b>	Bring 4 quarts of water to a boil on HIGH. Add 7 frozen cobs and cook for 17 minutes, stirring as needed.
<b>Steamer</b>	Arrange 4 cobs in a slotted full-size steam table pan. Steam for 17 minutes.
<b>To Serve Cold</b>	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	27.00 LB	Case Cube (ft. <sup>3</sup> )*	0.86	Pallet TI / HI*	8 / 9
Outer Case Dimensions (L x W x H)*	17.375" x 13.375" x 6.375"			Shelf-Life	24 months

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

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