

SOUTHWEST CHICKEN, CHEESE & VEGETABLES WHOLE GRAIN TORNADOS - FOR SCHOOLS



86747

Case Pack	18/8/2.79 oz
Net Case WT(lbs)	25.11
Gross Case WT(lbs)	26.19
Case Cube	1.09
Case Dimensions	15 5/16 x 11 7/16 x 10 3/4
Tier and High	10 x 4
Cases per Pallet	40
Sell Unit UPC	N/A
Master Case UPC	1 00 71007 86747 4



Ingredients

INGREDIENTS: WATER, WHOLE WHEAT FLOUR, WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PASTEURIZED PROCESS JACK AND AMERICAN CHEESE WITH PEPPERS (JACK AND AMERICAN CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SKIM MILK, PALM OIL, SODIUM PHOSPHATE, MODIFIED FOOD STARCH, PEPPERS (RED, GREEN AND JALAPENO PEPPERS), SALT, LACTIC ACID), COOKED CHICKEN (WITH WATER, MODIFIED FOOD STARCH, SALT, SODIUM PHOSPHATE), VEGETABLE OIL (SOYBEAN, SUNFLOWER, CANOLA AND/OR CORN OIL), SPINACH, BATTER MIX (CORN FLOUR, BLEACHED WHEAT FLOUR, SPICES, SALT, JALAPENO PEPPER, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), GUAR GUM, OLEORESIN PAPRIKA AND TURMERIC, NATURAL FLAVOR), BELL PEPPER, CORN, CONTAINS 2% OR LESS BLACK BEANS, BROWN SUGAR, WHEAT GLUTEN, MODIFIED CORN STARCH, JALAPENO PEPPER (WITH SALT, ACETIC ACID, CALCIUM CHLORIDE), VEGETABLE PROTEIN PRODUCT (TEXTURED SOY FLOUR), YEAST, SALT, CILANTRO, GUAR GUM, GARLIC (WITH CITRIC ACID), SPICES, CHILI PEPPER, CAYENNE PEPPER, SMOKE FLAVOR POWDER (MALTODEXTRIN, NATURAL HICKORY SMOKE FLAVOR, SILICON DIOXIDE TO PREVENT CAKING). CONTAINS: WHEAT, MILK, SOY.

Nutrition Facts

Serving Size 1 PIECE (79g)

Servings Per Container 144

Amount Per Serving

Calories 160 **Calories from Fat** 50

% Daily Value *

Total Fat 6g 9%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 15mg 5%

Sodium 280mg 12%

Total Carbohydrate 22g 7%

Dietary Fiber 2g 8%

Sugars 1g

Protein 6g

Vitamin A 10% • **Vitamin C** 4%

Calcium 4% • **Iron** 8%

* Percent Daily Values based on a 2,000 Calorie Diet.

Cooking Instructions

Method	Temp	Frozen	Thawed	Comments
CONVECTION	FAN: HIGH	15 MINUTES @ 350°F	10 MINUTES @ 350°F	PREHEAT OVEN TO TEMPERATURE SHOWN IN CHART. PLACE 8 TORNADOS EVENLY 1 INCH APART ON A COOKING SHEET. PLACE IN PREHEATED OVEN FOR TIME SHOWN IN CHART. OVEN SETTING: HIGH FAN TEMPERATURE OF THE TORNADOS MUST EXCEED 161°F. USE A POCKET THERMOMETER FOR ACCURACY. LET REST FOR ONE MINUTE. *CAUTION: PRODUCT MAY BE HOT!*
OTHER				ALL OVENS VARY, SO ADJUST TEMPERATURE AND TIME AS NEEDED. TORNADOS ARE COOK AND SERVE PRODUCTS AND SHOULD BE COOKED TO AN INTERNAL TEMPERATURE THAT REACHES OR EXCEEDS 161°F.