APPROVED
By Jesse Waller at 8:29 am, Mar 29, 2012

APPROVED
By Sandy Ceplina at 1:33 pm, Mar 26, 2012

SMOKE N' FAST™

• FULLY COOKED BBQ •

Farmland®
Good Food from the Heartland®

SMOKED PULLED PORK

READY TO EAT

Nutrition Facts

Serving Size 3 oz (84g)
Servings Per Container about 26

Amount Per Serving	
Calories 190	Calories from Fat 80
	% Daily Value*
Total Fat 8g	**13%**
Saturated Fat 3g	**15%**
Trans Fat 0g	
Cholesterol 75mg	**25%**
Sodium 45mg	**2%**
Total Carbohydrate 0g	**0%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 28g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet.

HEATING INSTRUCTIONS

*Thaw pulled pork in refrigerator for 12 to 24 hours or until thawed.
DO NOT THAW AT ROOM TEMPERATURE.

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE

BOIL IN BAG: Place frozen Pulled Pork bag in boiling water, making sure that it is covered with water. Boil 50 to 60 minutes or until meat reaches 140ºF (30 to 40 minutes for thawed Pulled Pork).

STEAMER: Place frozen Pulled Pork bag in perforated pan. Steam 50 to 60 minutes or until meat reaches 140ºF (30 to 40 minutes for thawed Pulled Pork).

MICROWAVE: Place thawed* Pulled Pork bag in microwave-safe pan. Cut 1 slit down center of top for venting. Microwave on HIGH (100% power) for 8 to 10 minutes or until meat reaches 140ºF (900 watt microwave used for testing). Stir and let stand 3 minutes before serving. Cooking times may vary depending on your microwave oven.

INGREDIENTS: PORK, WATER, SALT, SODIUM PHOSPHATES, SUGAR, SPICES, PAPRIKA.

FARMLAND FOODS, INC., KANSAS CITY, MO 64195
Questions or comments? Save this package and call 1-888-FARMLAND (327-6526)
Monday – Friday from 8 am – 4:30 pm CST.
For great meal ideas visit www.farmlandfoods.com

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PRODUCT OF U.S.A.

NET WT. 5 LBS.

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PROOF #4
HOT! HOT!

Farmland. Good Food from the Heartland

Farmland Foods, Inc. Printing Operations

PROJECT: SMOKE N' FAST **INVOICE TO:** J.WALLER-KCHQ **CHANGE:** NEW - IN-HOUSE DESIGN
JOB #: 37298 **PROJECT START DATE:** 03/01/12 **FILENAME:** 1036223.ai

SIZE: 5.5"x 8.375" **AC/AR:** 2/2
CYLINDER/DIE SIZE: 138t
DIE SHAPE: RECTANGLE #????
SPECIAL: .25" GAP AROUND

WIND: 1 THIS WAY, 2 THIS WAY, 3 THIS WAY, 4 THIS WAY

WHITE STOCK ??	PROCESS CYAN	PROCESS MAGENTA	PROCESS YELLOW	PROCESS BLACK	PANTONE 150	PANTONE 340	PANTONE 1815	LINE BLACK

PREPRESS SPECIALIST/ARTIST: Hollie A Miller
DATE/TIME: 03/26/2012 ~ 01:15 pm
REPLACES #: 1034937
PROOFREAD BY: HM