



Lucky Charms™ Cereal On-The-Go Pouch

Whole Grain Oats - First Ingredient. A frosted, toasted, whole grain oat-based cereal with marshmallow pieces. Convenient portable pouch format. Gluten-Free. Whole Grain.

UNIT SIZE: 1 OZ
CASE COUNT: 96

PRODUCT CODE: 14392000
UPC: 016000143920
GTIN: 10016000143927

Nutrition Facts

Serving Size:	1 Bowl (28g)	
Amount Per Serving:	As Packaged	
Calories	110	
Calories From Fat	10	
		% Daily Value*
Total Fat	1g	2%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	180mg	7%
Potassium	55mg	2%
Total Carbohydrate	23g	8%
Dietary Fiber	2g	6%
Sugars	10g	
Protein	2g	
Vitamin A	10%	
Vitamin C	10%	
Calcium	10%	
Iron	25%	
Vitamin D	10%	
Thiamin	25%	
Riboflavin	25%	
Niacin	25%	
Vitamin B6	25%	
Folic Acid	50%	
Vitamin B12	25%	
Phosphorus	6%	
Magnesium	4%	
Zinc	25%	

* Percent Daily Value (DV) are based on a 2,000 calorie diet

* - Not a significant nutrient source

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

*Do not eat raw dough or batter.

* Nutritional information is subject to change. See product label to verify ingredients and allergens.

Ingredients

Whole Grain Oats, Sugar, Oat Flour, Corn Syrup, Modified Corn Starch, Corn Starch, Dextrose, Salt, Gelatin, Trisodium Phosphate, Yellow 5 ; 6, Red 40, Blue 1, Natural and Artificial Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Zinc and Iron (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Preparation Instructions:

1. Ready to eat cereal pouches
2. Great for K-12 and college cash op programs

Package Information

NET WEIGHT: N/A
VOLUME: 1.405 CF
HEIGHT: 9.12 IN
LENGTH: 20 IN
WIDTH: 13.31 IN
CASE SIZE: 1.405 CF

KEY FEATURES:

Gluten-Free