

# Nutrition Facts

Serving Size: 28g (About 2 Cups)

Servings Per Container: About 2

## Amount Per Serving

**Calories** 130

Calories from Fat 45

**Total Fat** 5g

% Daily Value\*

Saturated Fat 0g

8%

Trans Fat 0g

0%

Polyunsaturated Fat 1.5g

Monounsaturated Fat 3.0g

**Cholesterol** 0mg

0%

**Sodium** 130mg

5%

**Total Carbohydrate** 21g

Dietary Fiber 2g

7%

Sugars 9g

8%

**Protein** 1g

Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** POPCORN, CANE SUGAR, VEGETABLE OIL (CANOLA, SUNFLOWER OR SAFFLOWER), SALT.

Manufactured for:

**POPCORN, INDIANA LLC**

20 Ketchum Street • Westport, CT 06880

**PRODUCED IN A FACILITY THAT USES MILK, SOY, WHEAT, PEANUTS, AND TREE NUTS.**



Certified



Gluten-Free