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CHEESE AND BEAN BURRITO

INDIVIDUALLY WRAPPED

INGREDIENTS: TORTILLA (WHEAT FLOURS [WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)]), WATER, SOY FLOUR, SOYBEAN OIL, WHOLE GRAIN CORN FLOUR (STONE-GROUND WHOLE WHITE CORN, CELLULOSE GUM, TRACE OF LIME), SALT, GUAR GUM, ANNATTO, TURMERIC), WATER, PASTEURIZED PROCESSED AMERICAN CHEESE (AMERICAN CHEESES [MILK, CHEESE CULTURE, SALT, ENZYMES], WATER, SODIUM CITRATE, MILKFAT, SALT, COLOR [ANNATTO, APOCAROTENAL]), PINTO BEANS, GREEN CHILIES (GREEN CHILIES, CITRIC ACID), CONTAINS 2% OR LESS OF ON, SOY FLOUR, SOYBEAN OIL, ISOLATED SOY PROTEIN (ISOLATE) SOY PROTEIN WITH LESS 4 2% LECITHIN), SALT, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), PAPRIKA, SPICE, GARLIC POWDER, SODIUM ALGINATE.

CONTAINS WHEAT, SOY AND MILK.

Dist. by Fernando's Foods,
Compton, CA 90221

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EACH 4.50 OZ. BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 09-17.)

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HEATING INSTRUCTIONS

	FRIED 350 F	MICRO	OVEN 325 F	CONVEC. 300 F
FROZEN	*N/R Min.	2-3 Min.	20-25 Min.	14-20 Min.
THAWED	3-5 Min.	1-2 Min.	14-20 Min.	12-18 Min.

Internal temperature of product should be 160F.

*N/R = Not Recommended

Nutrition Facts

Serving Size 1 Burrito (128g)

Servings Per Container 96

Amount Per Serving

Calories 310 Calories from Fat 90

% Daily Value*

Total Fat 9g 15%

Saturated Fat 4g 20%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 560mg 24%

Total Carbohydrate 40g 13%

Dietary Fiber 9g 36%

Sugars 4g

Protein 16g

Vitamin A 8% • Vitamin C 6%

Calcium 20% • Iron 5%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

KEEP FROZEN