



Nutrition Facts

Serving Size: 1 1/4 cups (56g)	
Servings Per Container: About 18	
Amount Per Serving	
Calories:	220
Calories from Fat:	15
% Daily Value*	
Total Fat:	2g 3%
Saturated Fat:	0g 0%
Trans Fat:	0g
Cholesterol:	0mg 0%
Sodium:	420mg 18%
Potassium:	370mg 10%
Total Carbohydrate:	45g 15%
Dietary Fiber:	9g 38%
Sugars:	9g
Protein:	5g
Vitamin A:	25%
Vitamin C:	25%
Calcium:	2%
Iron:	100%
Vitamin D:	10%
Thiamine:	25%
Riboflavin:	25%
Niacin:	25%
Vitamin B6:	25%
Folate:	25%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories Per Gram:			
Fat:	9	Carbohydrate:	4
		Protein:	4

HOSPITALITY 40% BRAN FLAKES



PRODUCT SPECIFICATIONS:			
Brand	Pack	General Product Description	
Hospitality	12/20 oz	Dry Cereals-Ready to Eat (Shelf Stable)	
MFG Code	GTIN	UPC	
71923-76145	10071923761450	0 71923 76145 3	
Net Weight	Gross Weight	Country of Origin	Kosher
15 lbs	20 lbs	USA	
Shipping Information:			
Dimensions	16.75 x 15.75 x 11.5		
Cube	1.756		
TI x HI	6 x 4		
Shelf Life	365 Days		
Date Code	Best By		
Ingredients:			
WHOLE WHEAT, WHEAT BRAN, SUGAR, BROWN SUGAR SYRUP, SALT, MALT EXTRACT, IRON (FERRIC ORTHOPHOSPHATE), VITAMIN C (SODIUM ASCORBATE), VITAMIN A (PALMITATE), NIACINAMIDE, VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID.			
Allergens:			
WHEAT			
Benefits:			
Good Source of 9 Vitamins and Minerals			