

McCAIN® HARVEST SPLENDOR™ SAVORY SWEET POTATO FRY 5/16"
USDA School Lunch Meal Planning Nutrition Facts
1000004309

NUTRITION FACTS			
Serving Size 3.09 oz. (88g) FROZEN *			
Amount per Serving			
Calories 160		Calories from Fat 60	
% Daily Value*			
Total Fat	7.5g		11%
Saturated Fat	1g		5%
Trans Fat	0g		
Polyunsaturated Fat	2.5g		
Monounsaturated Fat	3g		
Cholesterol	0mg		0%
Sodium	210mg		9%
Potassium	260mg		7%
Total Carbohydrate	23g		8%
Dietary Fiber	4g		16%
Sugars	3g		
Protein	3g		
Vitamin A	28%	Vitamin C	2%
Calcium	4%	Iron	2%
INGREDIENTS: Sweet Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Corn Starch - Modified, Potato Starch - Modified. Contains 2% or less of Annatto Extract (color), Dextrin, Extractives of Paprika (color), Fiber (Pea, Corn), Garlic Powder, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Natural Flavor, Onion Powder, Paprika (color), Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Spices, Sugar, Xanthan Gum, Yellow Corn Flour.			

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 3.09 oz of sweet potato straight cut fries. This information is based off of nutritional data results from 11/10/16: CHG-39532611-0 and 11/8/16: CHG-39529132-0.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (March 2016 update)			
Product: Potatoes, Sweet, Fries, frozen; Straight Cut (Page 2, Entry 6)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	11.5	1/4 cup cooked vegetable	8.7

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
2.5 Pounds	12.78	1/2 cup cooked vegetable	7.82

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
15 Pounds (6 Bags per Case)	76.70	1/2 cup cooked vegetable	1.30

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces/ raw portion of creditable ingredient	multiply	FBG yield /servings /unit	Creditable Amount**
Potatoes, Sweet, Fries, frozen; Straight Cut	2.79 oz by weight	X	11.5/16	2.000
A. Total Creditable Amount				2.000

**Creditable amount-multiply ounces per raw portion of creditable ingredient by the FBG yield information.

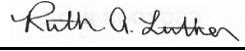
Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter cup to cup conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

11/16/2016
Date


 Ruth A. Luther
 Research and Development