



Smart Snacks Product Calculator Results

Brand:
Land O Lakes

Product Name:
**60286 Cheddar Cheese Stick
Reduced Fat**

Serving Size:
28.35 g

First Ingredient:
**Cultured Pasteurized Reduced
Fat milk**

Your non-beverage dairy product
meets all nutrient standards for entrees
or snack foods.

Nutrition Facts

Serving Size 1 oz (about 28.35 g) ⓘ

Servings Per Container

Amount Per Serving

Calories 90

Calories from Fat 63

Total Fat (g) 7

Saturated Fat (g) 4.5

Trans Fat (g) 0

Sodium (mg) 200

Carbohydrates

Sugars (g) 0

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

The person or group responsible for the point of sale to students on campus should verify a product's compliance and print their own Calculator results for documentation intended for compliance purposes. Results from this calculator have been determined by the USDA to be accurate in assessing product compliance with the Federal requirements for Smart Snacks in Schools provided the information is not misrepresented when entered into the Calculator.

LEADING THE WAY FOR CHILDREN'S HEALTH