Veggie Power Blend™

THREE GENERATIONS
MANN'S™
EST. 1939

Mann's Veggie Power Blend™ is a colorful variety of julienne vegetables creating a party on your plate. The blend consists of golden beets, broccoli stalks, cauliflower hearts, brussels sprouts, carrots, kale and radicchio – seven superfoods – all in one bag – one blend. The blend of veggies offers an unprecedented convenience for operators, who would otherwise need to purchase a very large quantity of different raw products AND apply significant labor hours to clean, prep and process. It's an extremely versatile product that can be utilized raw, pickled or cooked with the opportunity to be included in a wide variety of menu applications such as appetizers, salads, sandwiches, and entrees.

Farm Fresh From Mann's–
Fresh Veggies Made Easy.

Veggie Power Blend Pineapple Pesto Chicken Wrap

Veggie Power Blend™

Features & Benefits

- Blend ingredients represent an "All Star" list of on trend vegetables, offering a set of menu mentions that suggest freshness, health and nutrition
- The explosion of color, delivers a wow factor in plate presentation, but also taps into consumers' cues for high nutrition
- Offers a new paradigm within the produce category for chefs to explore in menu development
- Uses a wide variety of vegetables in a shredded blend providing high level convenience
- 100% usable product
- No waste or disposal costs
- No additives or preservatives
- Year-round availability, long-term menu planning
- Year-round stable pricing
- Ready-to-use
- Dramatically lower prep costs
- Low food cost, higher margins

Yield & Application

- 100% Yield
- Great for health care, college & university vegetarians and in family style restaurants
- Product can be used both hot or cold
- Sauté until tender for Asian or Italian noodle style
- Use as a main ingredient for cole slaw style salads
- Add chopped nuts and dried fruit with poppyseed dressing
- Add ginger and green onions with a wasabi vinaigrette
- Great filler for chicken or tuna salads.
- Use for added color or crunch for wraps, sandwiches or virtually anything

Nutrition Facts
Serving Size (85g)
Servings Per Container

Amount Per Serving	As Served
Calories 35	Calories From Fat 0
	% Daily Value
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 25mg	**1%**
Total Carbohydrate 5g	**2%**
Dietary Fiber 3g	**10%**
Sugars 2g	
Protein 2g	

Vitamin A 30% • Vitamin C 110%
Calcium 4% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Broccoli, Cauliflower, Carrots, Beets, Brussels Sprouts, Kale, Radicchio

Product Specifications

ITEM	PACK SIZE	MANN'S CODE NO.	PACKAGE DIMENSIONS (L x W x H)	CARTONS/ PALLET	TIE/HIGH	CARTON CUBE	CARTON NET WT (lbs)
Veggie Power Blend™ **CWD#180838**	4 - 2 lb	02305	15.875 x 11.875 x 5.75	120	10 / 12	0.6273	8 lbs

Veggie Power Blend Bacon Skillet

Veggei Power Blend Champagne Lemon Slaw

BBQ pulled Pork Grilled Sandwich

Handling Information

- Refrigerate immediately upon delivery.
- Store at 34° F.
- Keep dry.
- Rotate first in, first out.

Shelf Life

- 16 days

Recipes

Foodservice recipes available from
Mann Packing Company, Inc.
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