Anchor Battered Mozzarella Cheese Stick USDA School Lunch Meal Planning Nutrition Facts

Product Code: 50010109

	ITION FACTS	
Serving Size 2.39 oz. (68g) (2 pieces) FROZEN *	
Servings: 1oz meat alternate)	
Amount per Serving		
Calories 180	Calories from Fat 76	
		% Daily Value*
Total Fat 8g		12%
Saturated Fat 4g		20%
Trans Fat 0g		
Cholesterol 16mg		5%
Sodium 570mg		24%
Total Carbohydrate 17g		6%
Dietary Fiber 2g		4%
Sugars 3g		
Protein 8g		
Vitamin A 4%	Vitamin C	2%

INGREDIENTS: Part-Skim Mozzarella Cheese (Pasteurized Part-Skim Milk, Culture, Salt, Enzymes, Calcium Chloride), Bleached Wheat Flour, Water, Vegetable Oil (Soybean And/Or Canola), Yellow Corn Flour. Contains 2% or less of Blue 1, Calcium Caseinate, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Mono & Diglycerides, Natural and Artificial Flavors, Oleoresin Paprika, Partially Hydrogenated Soybean Oil, Potato Starch, Red 40, Salt, Sodium Alginate, Spices, Spice Extract, Sugar, Whey, Yellow 5.

Iron

Calcium

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update) Product: Cheese, Mozzarella (pg. 1-23)					
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings		
1 Pound	16	1oz	6.3		

McCain Equivalent per Bag					
FBG serving adjusted to accommodate coating system; not part of meat alternate serving					
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings		
2.5 Pounds	16.74	1oz	5.97		

McCain Equivalent per Case					
FBG serving adjusted to accommodate coating system; not part of meat alternate serving					
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings		
15 Pounds (6bags per case)	100.44	1oz	1		

Meat Alternate Servings:

* Per FBG, 1oz meat alternate serving equals 2.39oz (68g, 2 pieces) of mozzarella cheese sticks

I certify that this information is true and correct.

3/30/2010

Date

Alison Schneider

Research and Development