

ORE-IDA® REDUCED SODIUM TATER TOTS® SHAPED POTATOES 6X5 LBS
USDA School Lunch Meal Planning Nutrition Facts
1000002789

NUTRITION FACTS			
Serving Size 2.52 oz. (71g) FROZEN *			
about 8 pieces			
Amount per Serving			
Calories 90		Calories from Fat 30	
% Daily Value*			
Total Fat 3.5g		5%	
Saturated Fat 0g		0%	
Trans Fat 0g			
Polyunsaturated Fat 1g			
Monounsaturated Fat 1.5g			
Cholesterol 0mg		0%	
Sodium 160mg		7%	
Potassium 180mg		5%	
Total Carbohydrate 14g		5%	
Dietary Fiber 1g		4%	
Sugars contains less than 1 gram			
Protein 1g			
Vitamin A	0%	Vitamin C	less than 2%
Calcium	0%	Iron	2%
Ingredients:Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Modified Cellulose, Natural Flavor, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.			

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.52 oz of McCain tots.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Jan. 2008 Update)			
Product: Potato Products, frozen, Rounds, Regular Size, Includes USDA Commodity (pg. 2-			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100
1 Pound	12.7	1/4 cup cooked vegetable	7.9

McCain Equivalent per Bag			
Product: Potato Products, frozen, Rounds, Regular Size, Includes USDA Commodity (pg. 2-			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
5 Pounds	31.75	1/2 cup cooked vegetable	3.15

McCain Equivalent per Case			
Product: Potato Products, frozen, Rounds, Regular Size, Includes USDA Commodity (pg. 2-			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100
30 Pounds (6 Bags per Case)	190.50	1/2 cup cooked vegetable	0.52

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato Products, Frozen, Rounds	2.52 oz by weight	X	12.7 / 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

6/18/2015
Date

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