



QUAKER® CHEWY GRANOLA BAR - S'MORES

.84 oz. (24 g.)

Nutrition Facts

Serving Size 1 Bar (24 g)

Amount Per Serving

Calories 100 Calories from Fat 20

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Polyunsaturated Fat 0.5 g

Monounsaturated Fat 0.5 g

Cholesterol 0mg **0%**

Sodium 75mg **3%**

Total Carbohydrate 19g **6%**

Dietary Fiber <1 g **3%**

Sugars 8g

Sugar Alcohol 1g

Protein 1g

Calcium **8%**

Iron **2%**

Not a significant source of Cholesterol, Vitamin A, Vitamin C.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

I verify the above information is accurate as of 1/25/15.

Julie Herzau, DTR

Julie Herzau
Quaker Nutrition Science

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INGREDIENTS: GRANOLA (WHOLE GRAIN ROLLED OATS, BROWN SUGAR, CRISP RICE [RICE FLOUR, SUGAR, SALT, MALTED BARLEY EXTRACT], WHOLE GRAIN ROLLED WHEAT, SOYBEAN OIL, WHOLE WHEAT FLOUR, SODIUM BICARBONATE, SOY LECITHIN, CARAMEL COLOR, NONFAT DRY MILK), CORN SYRUP, SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN, VANILLA EXTRACT), BROWN RICE CRISP (WHOLE GRAIN BROWN RICE, SUGAR, BARLEY MALT, SALT), SUGAR, GRAHAM COOKIE PIECES (SUGAR, WHEAT FLOUR, CANOLA OIL, HONEY, SODIUM BICARBONATE, SALT, SOY LECITHIN, NATURAL FLAVOR), DEHYDRATED MARSHMALLOWS (SUGAR, CORN SYRUP, MODIFIED FOOD STARCH, GELATIN, NATURAL AND ARTIFICIAL FLAVOR, SODIUM HEXAMETAPHOSPHATE, BLUE 1), CORN SYRUP SOLIDS, INVERT SUGAR, GLYCERIN.

CONTAINS 2% OR LESS OF SOYBEAN OIL, SORBITOL, CALCIUM CARBONATE, SALT, WATER, MOLASSES, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR, COCONUT PASTE, TOCOPHEROLS, BHT (PRESERVATIVE), CITRIC ACID.

CONTAINS WHEAT, SOY, MILK AND COCONUT INGREDIENTS. MAY CONTAIN TRACES OF PEANUT AND OTHER TREE NUTS.

Case UPC 100-30000-31181-0

Package UPC 0-30000-31181-3

Case Pack 12 / 6.72 oz. boxes

Kosher No

USDA Smart Snack Compliant Yes

Grain- oz. eq. .5 oz. eq.

Weight of Grain 8.0 g

Document Created 1/15

All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.