



Smart Snacks Product Calculator Results

Brand:
General Mills

Product Name:
**28198 Nature Valley Cinnamon
Oat Crisp**

Serving Size:
34.02 g

First Ingredient:
Whole Grain Oats

• Your whole grain product meets all
nutrient standards.

Nutrition Facts

Serving Size 1.2 oz (about 34.02 g) ⓘ

Amount Per Serving

Calories 150

Calories from Fat 45

Total Fat (g) 5

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 140

Carbohydrates

Sugars (g) 9

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA

LEADING THE WAY FOR CHILDREN'S HEALTH

FOUNDED BY:

