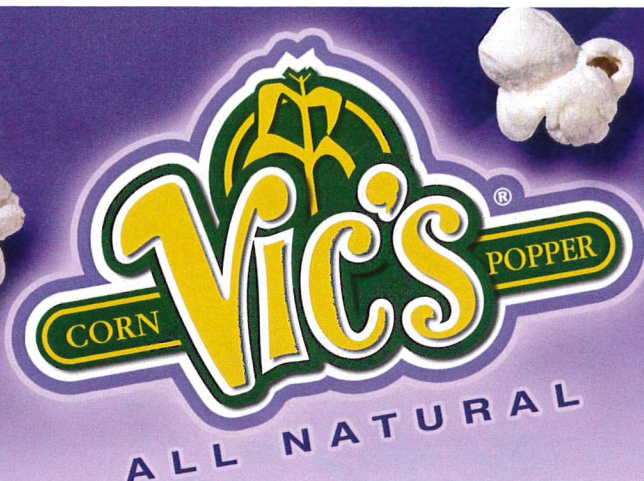




- Gluten Free
- No MSG
- Cholesterol Free
- 0g Trans Fat
- KofK Kosher
- Excellent source of whole grains



Lite
White
Popcorn

White
Cheddar
Popcorn

Kettle
Style
Popcorn

Nutrition Facts

Serving Size 1 package (14g)
Servings Per Container 1

Amount Per Serving

Calories 50 **Calories from Fat 15**

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 95mg **4%**

Total Carbohydrate 10g **3%**

Dietary Fiber 2g **8%**

Sugars 0g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Popcorn, Sunflower Oil and/or Corn Oil, Salt, Natural Flavor.

Lite White Popcorn

60/5 oz. - 25069

UPC Code: 0-46555-25069-9

Case UPC: 10-0-46555-25069-6

smart snack

Nutrition Facts

Serving Size 1 package (18g)
Servings Per Container 1

Amount Per Serving

Calories 80 **Calories from Fat 25**

% Daily Value*

Total Fat 3g **5%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 100mg **4%**

Total Carbohydrate 11g **4%**

Dietary Fiber 2g **8%**

Sugars 1g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 2% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Popcorn, Sunflower Oil and/or Corn Oil, Whey, Buttermilk, Cheddar Cheese (cultured milk, salt, enzymes), Maltodextrin, Salt, Natural Flavors, Disodium Phosphate, Lactic Acid, Citric Acid, Canola Oil.

Contains Milk

White Cheddar Popcorn

80/625 oz. - 25078

UPC Code: 0-46555-25078-1

Case UPC: 10-0-46555-25078-8

smart snack

Nutrition Facts

Serving Size 1 Package (28g)
Servings Per Container 1

Amount Per Serving

Calories 120 **Calories from Fat 40**

% Daily Value*

Total Fat 4.5g **7%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 100mg **4%**

Total Carbohydrate 21g **7%**

Dietary Fiber 2g **8%**

Sugars 9g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Popcorn, Sugar, Corn Syrup, Corn Oil and/or Sunflower Oil, Salt, Soy Lecithin, Baking Soda.

Contains Soy

Kettle Style Popcorn

90/1 oz. - 25076

UPC Code: 0-46555-25076-7
Case UPC: 10-0-46555-25076-4

smart snack

