

**McCain® REDUCED SODIUM SEASONED POTATO STIX**  
**USDA School Lunch Meal Planning Nutrition Facts**  
**MCX04717**

NUTRITION FACTS			
Serving Size 2.38 oz. (68g) <b>FROZEN *</b>			
<b>Amount per Serving</b>			
Calories 120		Calories from Fat 35	
% Daily Value*			
<b>Total Fat</b> 4g		<b>6%</b>	
Saturated Fat 0.5g		<b>3%</b>	
Trans Fat 0g			
Polyunsaturated Fat 1.5g			
Monounsaturated Fat 2g			
<b>Cholesterol</b> 0mg		<b>0%</b>	
<b>Sodium</b> 135mg		<b>6%</b>	
<b>Potassium</b> 260mg		<b>7%</b>	
<b>Total Carbohydrate</b> 20g		<b>7%</b>	
Dietary Fiber 2g		<b>7%</b>	
Sugars 0g			
<b>Protein</b> 1g			
Vitamin A	0%	Vitamin C	4%
Calcium	0%	Iron	2%
<b>INGREDIENTS:</b> Potatoes, Vegetable Oil (contains one or more of the following: Canola Oil, Soybean Oil, Cottonseed Oil, Sunflower Oil, Corn Oil), Potato Starch - Modified, Rice Flour, Dextrin, Salt, Garlic Powder, Corn Starch, Onion Powder, Potassium Chloride, Corn Starch - Modified, Spices, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Spice & Coloring, Tapioca Starch - Modified, Xanthan Gum, Annatto (color), Dextrose, Sodium Acid Pyrophosphate Added to Preserve Natural Color.			

<b>USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)</b>			
Product: Potatoes, French Fries, frozen, Straight cut, Regular moisture, Ovenable (pg. 2-69)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	14.0	1/4 cup cooked vegetable	7.2

<b>McCain Equivalent per Bag</b>			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
5 Pounds	33.60	1/2 cup cooked vegetable	2.98

<b>McCain Equivalent per Case</b>			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
30 Pounds (6 Bags per Case)	201.60	1/2 cup cooked vegetable	0.50

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato, FF, Frozen, SC	2.28	X	14/16	2.000
<b>A. Total Creditable Amount</b>				<b>2.000</b>

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.  
 Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup	3.0 Quarter Cups = 3/4 Cup

\* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.38 oz of McCain battered fries.

I certify that this information is true and correct.

3/9/2012  
 Date

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 R&D