

## Smart Snacks Product Calculator Results

Brand:  
**General Mills**

Product Name:  
**25867 Nature Valley Oats &  
Honey Granola**

Serving Size:  
**42.00 g**

First Ingredient:  
**Whole Grain Oats**

- Your whole grain product meets all nutrient standards.

## Nutrition Facts

Serving Size 42.00 g 

Amount Per Serving

Calories 190

Calories from Fat 60

Total Fat (g) 6

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 160

Carbohydrates

Sugars (g) 12

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA