

Smart Snacks Product Calculator Results

Brand:
General Mills


Product Name:
**28188 Apple Cinnamon Cheerio
Cereal Bar**

Serving Size:
40.00 g

First Ingredient:
Whole Grain Oats

- Your whole grain product meets all nutrient standards.

Nutrition Facts

Serving Size 40.00 g 

Amount Per Serving

Calories 150

Calories from Fat 30

Total Fat (g) 3

Saturated Fat (g) 0.5

Trans Fat (g) 0

Sodium (mg) 95

Carbohydrates

Sugars (g) 9

Vitamin D (%) NA

Potassium (%) NA

Calcium (%) NA

Dietary Fiber (%) NA