

Kellogg's® Eggo® Bites™ Mini French Toast Original

Original french toast minis.

Product Type

Waffles

Product Category

UPC Code

3800080693

Servings/Case

0

Sizes

3.03 oz

Format

Bulk

Gross Weight

16.74

Allergen Information

CONTAINS WHEAT, EGG, SOY AND MILK INGREDIENTS.

Dietary Exchange Per Serving

2 1/2 Carbohydrates, 1 Fat

Kosher Status

Kosher Dairy

Grain or Bread Ounce Equivalents

Shelf Life

365 days (12 months)

Country of Origin

Distributed in USA



Date Printed: 09/05/2014

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Nutrition Facts		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Serving Size 1 Pouch (86g)		Calories	2,000 2,500
Amount Per Serving		Total Fat	Less than 65g 80g
Calories 210		Sat. Fat	Less than 20g 25g
Calories from Fat 45		Cholesterol	Less than 300mg 300mg
% Daily Value*		Sodium	Less than 2,400mg 2,400mg
Total Fat 5g	8%	Potassium	3,500mg 3,500mg
Saturated Fat 1.5g	8%	Total Carbohydrate	300g 375g
Trans Fat 0g		Dietary Fiber	25g 30g
Cholesterol 0mg	0%	INGREDIENTS: WHOLE WHEAT FLOUR, WATER, SUGAR, EGG WHITES, VEGETABLE OIL (SOYBEAN, PALM, AND/OR CANOLA OIL), CONTAINS 2% OR LESS OF LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), FRUCTOSE, MOLASSES, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS, SALT, WHEY. VITAMINS AND MINERALS: CALCIUM CARBONATE, VITAMIN A PALMITATE, REDUCED IRON, NIACINAMIDE, VITAMIN B ₁₂ , VITAMIN B ₆ (PYRIDOXINE HYDROCHLORIDE), VITAMIN B ₁ (THIAMIN HYDROCHLORIDE), VITAMIN B ₂ (RIBOFLAVIN).	
Sodium 240mg	10%		
Potassium 150mg	4%		
Total Carbohydrate 37g	12%		
Dietary Fiber 3g	14%		
Sugars 13g		CONTAINS WHEAT, EGG, SOY AND MILK INGREDIENTS.	
Protein 4g			
Vitamin A 10% • Vitamin C 0%			
Calcium 10% • Iron 15%			
Thiamin 10% • Riboflavin 10%			
Niacin 10% • Vitamin B ₆ 10%			
Vitamin B ₁₂ 10% • Phosphorus 25%			

NLI#09651