

McCain® HARVEST SPLENDOR™ SWEET POTATO 10 CUT WEDGE RIDGE CUT
USDA School Lunch Meal Planning Nutrition Facts
MCF04712

NUTRITION FACTS	
Serving Size 2.88 oz. (82g) FROZEN *	
Amount per Serving	Calories from Fat 40
Calories 120	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 2g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Potassium 210mg	6%
Total Carbohydrate 19g	6%
Dietary Fiber 2g	8%
Sugars 7g	
Protein 1g	
Vitamin A 70%	Vitamin C 6%
Calcium 2%	Iron 2%
INGREDIENTS: Sweet Potatoes, Potato Starch - Modified, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Annatto (color), Baking Soda, Beta Carotene (color), Caramel (Color), Natural Flavors, Rice Flour, Salt, Sodium Acid Pyrophosphate (Maintains Natural Color & Leavening), Sugar, Tapioca Dextrin, Xanthan Gum.	

* Per FBG, one serving portion (1/2 cup cooked vegetable) equals 2.88 oz of McCain Sweet Potato 10 Cut Wedge Ridge Cuts

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)			
Product: Potatoes, frozen, Wedges, USDA Commodity (Page 2-68)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound	11.9	1/4 cup cooked vegetable	8.5

McCain Equivalent per Bag			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
2.5 Pounds	13.83	1/2 cup cooked vegetable	7.23

McCain Equivalent per Case			
FBG serving sizes adjusted to accommodate batter; batter not part of vegetable serving.			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
15 Pounds (6 Bags per Case)	83.00	1/2 cup cooked vegetable	1.2

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potatoes, frozen, wedges	2.69 oz by weight	X	11.9/ 16	2.000
A. Total Creditable Amount				2.000

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.
 Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

5/13/2013

Date

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