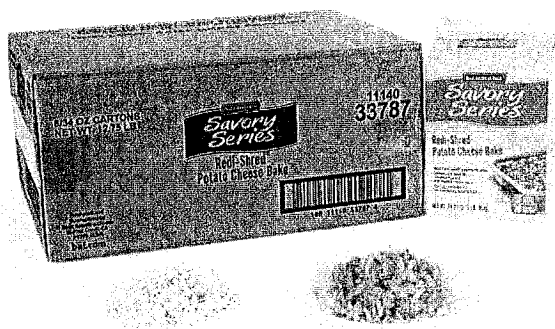


# BASIC AMERICAN FOODS

TM

2185 N. California Blvd., Ste. 215, Walnut Creek, CA 94596 • 925.472.4100 • 800.227.4050 • baf.com

## Child Nutrition Meal Pattern Contribution Basic American Foods SKU 33787 Savory Series™ Redi-Shred® Potato Cheese Bake, 6/34 oz ctns



### Nutrition Information

Savory Series™ Redi-Shred® Potato Cheese Bake

USDA Vegetable Contribution Equivalent	¼ cup (31.56) g	½ cup (63.11) g
Calories	124.61	249.22
Protein	3.07 g	6.13 g
Carbohydrate	19.64 g	39.27 g
Dietary Fiber	1.50 g	2.99 g
Sugars	2.30 g	4.60 g
Total Fat	3.50 g	7.00 g
Trans Fat	0.32 g	0.64 g
Saturated Fat	1.75 g	3.49 g
Cholesterol	7.07 mg	14.13 mg
Iron	0.32 mg	0.64 mg
Calcium	54.12 mg	108.23 mg
Sodium	727.10 mg	1454.1 mg
Potassium	184.49 mg	368.97 mg
Vitamin A	67.57 IU	135.13 IU
Vitamin C	7.43 mg	14.85 mg

SERVING SIZE WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
4.64 oz	¼ cup	31	186
9.60 oz	½ cup	15	90

**Ingredients:** POTATO (DRY), SEASONING (CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), BUTTER (CREAM, SALT), WHEY, FOOD STARCH-MODIFIED, CORN STARCH, NONFAT MILK, ONION, PARTIALLY HYDROGENATED SOYBEAN OIL, MALTODEXTRIN, RENDERED CHICKEN FAT, SALT, AUTOLYZED YEAST EXTRACT, HYDROLYZED SOY PROTEIN, SUCROSE, DRIED CHICKEN, DISODIUM PHOSPHATE, SODIUM CASEINATE, SPICES, SODIUM CITRATE, GARLIC, ANNATTO EXTRACT, NATURAL FLAVOR, PAPRIKA, YELLOW 6), SALT, MONO AND DIGLYCERIDES, DEXTROSE, FRESHNESS PRESERVED WITH TOCOPHEROLS, ASCORBYL PALMITATE, SODIUM BISULFITE, BHT. CONTAINS MILK, SOY AND SULFITE.

**Package Weight:** 2.13 pounds

**Recipe Weight as Prepared:** 9 pounds

**Dry Potato Content:** 2.13 pounds x 0.61 (% of Package Weight of which is dry potato) = 1.29 pounds

**Food Buying Guide Yield:**

1 pound = 24.1 quarter cup Vegetable Servings

**Servings Per Package/Recipe As Prepared:**

1.29 pounds of Dry Potato per package X 24.1 per pound yield = 31.08 quarter cups.

31 quarter cup Vegetable Servings; or

15 half cup Vegetable Servings

9 pounds of Dry Potato as prepared divided by:

31 quarter cup servings = 0.29 pounds (4.64 oz.) per quarter cup Vegetable serving; or

15 half cup servings = 0.6 pounds (9.6 oz.) per half cup Vegetable serving

I certify that the above information is true and correct when prepared according to directions.

KR Zaugg

Keith Zaugg, Director QRO

11/21/13  
206067/02