

LASCO FOODS **Lasco 3 in 1 Cheese Mix**

ITEM NO.	Pack Size	Net Weight Per Piece	Product Weight	Shipping Weight	Shelf Life
35542	8	32 oz	16	18	24 Months

INGREDIENTS: CHEDDAR CHEESE BLEND (CHEDDAR CHEESE SOLIDS [MILK, CHEESE CULTURES, SALT, ENZYMES, CALCIUM CHLORIDE], WHEY, BUTTER [CREAM, SALT], BUTTERMILK, SALT, SODIUM PHOSPHATES, NATURAL FLAVOR), MALTODEXTRIN, CORN STARCH-MODIFIED, PARTIALLY HYDROGENATED SOYBEAN OIL, CORN SYRUP SOLIDS, SODIUM CASEINATE, MONO AND DIGLYCERIDES, AUTOLYZED YEAST, CARRAGEENAN, CITRIC ACID, SODIUM CITRATE, DIPOTASSIUM PHOSPHATE, SPICE AND YELLOW #5 AND #6.

Nutrition Facts

Serving Size 1 tbsp (13g)	
Servings Per Container 72	
Amount Per Serving	
Calories 50	Calories from Fat 20
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0.5g	4%
Trans Fat 0g	
Cholesterol 5mg	1%
Sodium 290mg	12%
Total Carbohydrate 8g	3%
Dietary Fiber 0g	0%
Sugars 2g	
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 4%	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

SCHOOLS: One 1/4 cup serving = 0.1174 MEAT ALTERNATE

Cheese Soup:

1. Add the following to 2 gallons of warm whole milk: 1/3 cup Lasco Chicken Flavored Soup Base, 8 oz chopped fresh celery, 8 oz chopped fresh green peppers, 2 oz bacon bits, 2 tsp parsley flakes, 2lbs 3 in 1 Cheese Mix.
2. Blend all of the above ingredients with a wire whip.
3. Heat until soup thickens and boiling occurs, stirring constantly.
4. Place over a steam table and serve after 10 minutes.

Cheese Sauce:

1. Place 1 gallon of water in a stock pot and heat to boil.
2. Remove pan from heat and add 32 oz. of 3 in 1 Cheese Mix and stir briskly with a wire whip until dissolved.
3. Place saucepan back on medium-high heat and stir until sauce is thick and smooth.

Instant Cheese Sauce:

1. Place 1 gallon of hot tap water in a stock pot.
2. Add 32 oz. of 3 in 1 Cheese Mix and stir briskly with a wire whip until dissolved (approx. 2-3 min.).
3. Hold prepared cheese sauce in a warmer prior to serving.

Case Dimensions:

Length Width Height/Cube

Cube 0.00

Pallet Information:

Layer High Load

Distributor Use:

Code # _____

Case Cost _____

Serving Cost _____

Associate Business Manager

Lasco Foods

4553 Gustine Ave.

St. Louis, MO 63116

Tel: 314.832.1906 Fax: 314.832.7566