



TRIDENT SEAFOODS CORPORATION

5303 Shilshole Ave NW, Seattle, WA 98107-4000

CORPORATE OFFICE  
800-426-5490  
206-783-3818  
Fax 206-782-7195DOMESTIC SALES  
800-367-6065  
206-783-3474  
Fax 206-782-7246CANNED SALES  
800-426-5490  
206-781-7606  
Fax 206-781-7604EXPORT SALES  
800-426-5490  
1-206-783-3818  
Fax 1-206-782-7195Product Name: 1.0 oz Crunchy Sea Shape Code No.: 418310Manufacturer: Trident Seafoods Corp Case/Pack/Count/Portion/Size: 4 x 1.0 oz portions**I. Meat/Meat Alternate Component**

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide	Ounces per Raw Portion of Creditable Ingredient	Multiply	Food Buying Guide Yield	Creditable Amount *
Seafood, Frozen, Fish Portions	2.680	X	0.78	2.090
<b>A. Total Creditable Amount<sup>1</sup></b>				<b>2.00</b>

\* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the Food Buying Guide yield.

**II. Alternate Protein Product (APP)**

APP can only contribute to the meat/meat alternate component when it is used in entrée items.

**III. Grains/Breads Component**

Please fill out the chart below to determine the creditable servings of Grains/Breads

Description of Creditable Ingredients per Food Buying Guide	Grams of Creditable Grain Ingredient per Portion	Divide	Exhibit A Food Buying Guide Yield	Creditable Amount <sup>1</sup>
WHOLE WHEAT FLOUR*	19.1483	÷	16.00**	1.196769
ENRICHED FLOUR	6.45	÷	16.00	0.40
WHOLE GRAIN YELLOW CORN FLOUR	.108118	÷	16.00	0.006757
Totals:	25.70974			1.607
<b>A. Total Creditable Amount<sup>1</sup></b>				<b>1.5</b>

\* Group Yield

<sup>1</sup>Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) serving (1.49 would round down to 1.25 servings of equivalent grains. Do **not** round up.**\*\*I** certify that each 4.0 oz serving contains 2.68 ounces of pollock and contributes two serving of equivalent meat for Child Nutrition Programs. Each 4.0 oz serving contains 25.70 grams of whole grains and enriched flour and contributes one and one-half servings of equivalent grains for Child Nutrition Programs...Total weight (per portion) of product as purchased 4 pieces; 4.0 ozTotal creditable amount of product (per portion) 2.0 servings of equivalent meat and 1.5 servings of equivalent grainsI further certify that the above information is true and correct and that a 4.0 ounce serving of the above product (ready for serving) contains a 2.0 serving of equivalent meat and 1.5 serving of equivalent grains.

Signature

Tim Koester

Printed Name

Corporate QA and Technical Services

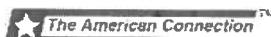
Title

Sept. 18, 2012

Date

206-783-3818

Phone Number

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