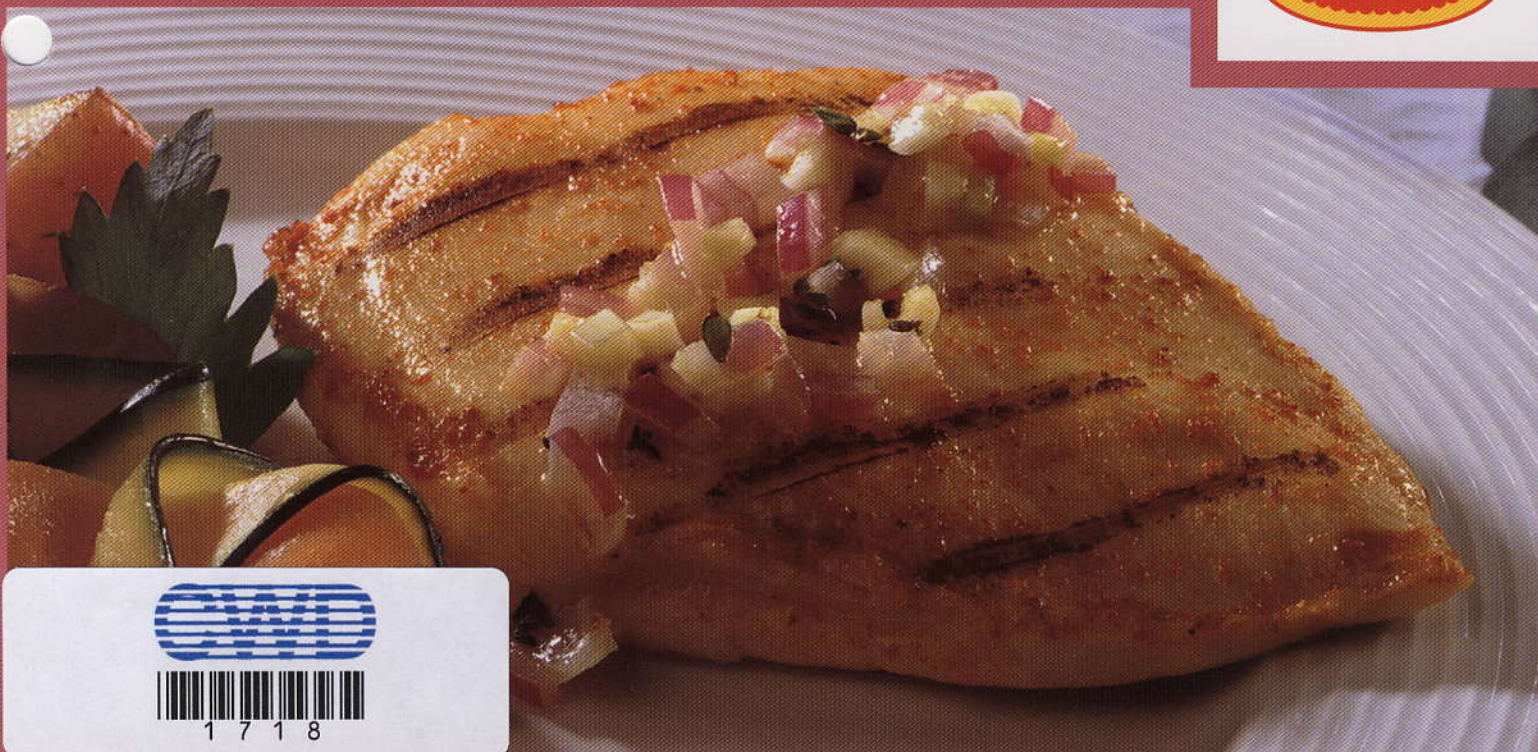


Individually Frozen Chicken Breast Filets



Great plate appearance. Easy to handle. Less packaging waste.

Tyson® Foods introduces its new individually frozen boneless, skinless breast filets. These ready-to-cook filets have a natural tear drop shape, which delivers great plate appearance. They are bulk packed so there is less packaging waste than with traditional tray packed filets. And since they're individually frozen, you can prevent product waste by thawing as little or as much as you need. These versatile chicken breast filets are perfect for any application.

Product Varieties, Specifications & Nutritional Information

Product Code	Description	Approximate Piece Count	Case Pack	Net Weight (lb.)	Serving Size	Cal.	Fat (g)	Chol. (mg)	Sod. (mg)	Carb. (g)	Prot. (g)
NON-MARINATED FILETS											
4316	Boneless, Skinless Breast Filet, 4 oz.	40	2/5# bags	10.00	1 filet	140	4.0	65	40	0	25
4317	Boneless, Skinless Breast Filet, 5 oz.	32	2/5# bags	10.00	1 filet	170	5.0	85	50	0	32
4318	Boneless, Skinless Breast Filet, 6 oz.	28	2/5# bags	10.00	1 filet	210	6.0	100	55	0	38
MARINATED FILETS (UP TO 15%)											
4603	Boneless, Skinless Breast Filet, 3 oz.	54	2/5# bags	10.00	1 filet	90	3.0	45	320	0	16
4604	Boneless, Skinless Breast Filet, 4 oz.	40	2/5# bags	10.00	1 filet	120	4.0	55	430	0	21
4605	Boneless, Skinless Breast Filet, 5 oz.	32	2/5# bags	10.00	1 filet	150	5.0	70	530	0	26
4606	Boneless, Skinless Breast Filet, 6 oz.	28	2/5# bags	10.00	1 filet	180	6.0	85	640	0	31
NEW! 4947	Boneless, Skinless Whole Breast, 8 oz.	20	2/5# bags	10.00	1 filet	240	8.0	115	850	0	42

Preparation

Ready-to-Cook Individually Frozen Filets (from thawed)

Method	Temperature	3 oz.	4 oz.	5 oz.	6 oz.
Conventional Oven	350°F	25–27 min.	29–31 min.	30–32 min.	35–37 min.
Convection Oven	350°F	10–12 min.	12–14 min.	12–14 min.	16–18 min.
Grill/Griddle	350°F	13–15 min.*	15–17 min.*	18–20 min.*	25–34 min.*

*Turn twice to ensure uniform cooking. Holding times and methods may vary by recipe.



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