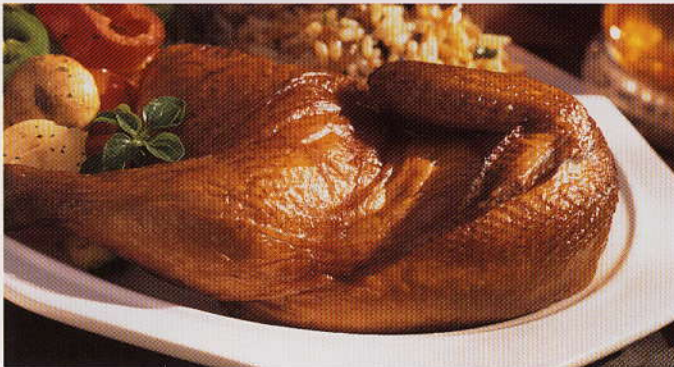




## Cornish Game Hens

The elegant, simple centerpiece of a beautiful meal.



*Tyson® Cornish Game Hens are famous for their tender, delicate meat and elegant plate appearance, but their appeal only begins there. They are beautifully easy to prepare and exceptionally versatile too. Display your talent and thrill your patrons when you serve Tyson Cornish Game Hens with your signature stuffings, seasonings, and sauces.*

### Why Serve Tyson Cornish Game Hens?

- The distinction of an elegant and easy menu item
- Whole- and half-bird options in a range of sizes
- High perceived value with economical food costs
- Signature ready and individually bagged for added convenience during prep

### Menuing Ideas

#### Cuban Adobo Grilled Game Hen

Cornish game hens marinated in a Cuban adobo paste of crushed garlic, salt, cumin, and oregano blended with lime juice and olive oil. Chargrilled and served with smoky charro black beans and colorful Caribbean-grilled vegetables garnished with fresh-cut limes and cilantro.

#### Rustic Cornish Game Hen Platter

Golden roasted Cornish game hen halves served with rustic wild rice and a colorful medley of sautéed bell peppers, onions, button mushrooms, and jalapeños.

### Preparation

Method	Temp.	Time (min.)
<b>Cornish Halves (from thawed)</b>		
Conventional Oven.....	350°F.....	30
<b>Cornish Halves (from frozen)</b>		
Conventional Oven.....	350°F.....	50
<b>Whole Cornish (from thawed)</b>		
Conventional Oven.....	350°F .....	60-75
<b>Whole Cornish (from frozen)</b>		
Conventional Oven.....	400°F .....	60-75

*Appliances vary, adjust accordingly. See product case labels for detailed cooking and holding instructions, or call 1-800-24-TYSON, ext. 744.*

### Products, Specifications & Nutritional Information

Product Code	Description	Case Pack	Net Wt. (lb.)	Serving Size	Cal. (kcal)	Fat (g)	Chol. (mg)	Sod. (mg)	Carb. (g)	Prot. (g)
6907-0928	Halves (WOG†)	24/7.0-oz.	10.50	1 pc.	200	14	145	75	0	20
6909-0928	Halves (WOG)	24/9.0-oz.	13.50	1 pc.	250	18	165	85	0	24
6911-0928	Halves (WOG)	24/11.0-oz.	16.50	1 pc.	280	19	205	100	0	28
6913-0928	Halves (WOG)	24/13.0-oz.	19.50	1 pc.	330	22	240	120	0	33
6923-0928	Whole (WOG)	24/16.0-oz.	24.00	4 oz.	180	12	130	65	0	18
6915-0928	Whole (WOG)	24/18.0-oz.	27.00	4 oz.	180	12	130	65	0	18

† Without giblets



1-800-24-TYSON,  
ext. 744



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Tyson Foods, Inc.

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