

EGG PRODUCT CONVERSIONS

MICHAEL FOODS LIQUID WHOLE EGGS WITH CITRIC ACID: M. G. WALDBAUM EASY EGGS® AND PAPETTI'S LIQUID TABLE READY™ CONTAIN THE SAME PROPORTION OF EGG YOLK TO EGG WHITE AS SHELL EGGS.

LIQUID VS. SHELL	
MEASURE	# OF SHELL EGGS
1 pound	10 large 12 medium
4 Tablespoons	1 large
1/4 cup	1 large
1/3 cup	2 medium
1/2 cup	3 medium
2/3 cup	4 medium
1 cup	5 large 6 medium
2 cups	10 large 12 medium
LIQUID EGG YOLKS	
1 Tablespoon	1 large yolk
1 cup	13 shell egg yolks
1 pound	26 shell egg yolks
EGG WHITES	
2 Tablespoons	1 large white
1 cup	7 shell egg whites
1 pound	14 shell egg whites
HARD COOKED EGGS	
20 lb. pail Hard Cooked Eggs	Approximately 180 eggs
10 lb. pail Hard Cooked Eggs	Approximately 90 eggs

Any apparent volume equivalency discrepancies are due to the range of volume provided by USDA grading standards (e.g. Large eggs are defined as weighing a minimum of 24 oz. per dozen and a maximum of 26.9 oz. per dozen.) Liquid egg product equivalencies have been tested with regard to recipe performance.

