



New LOW FAT MUFFIN MIXES



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KRUSTEAZ®

New LOW FAT MUFFINS

Krusteaz proudly offers a complete line of quality, low fat muffin mixes perfect for your contemporary menu.

Our versatile muffin bases—whole wheat and basic—allow for the creation of endless muffin variations. Just add water and your favorite ingredients to create signature muffin varieties with tremendous appeal. In addition, our complete low fat muffin mixes target the most popular muffin varieties in today's market—Oat Bran, Wild Blueberry, Banana and Apple Cinnamon.

Like all Krusteaz products, our low fat muffin mixes are made with premium ingredients like “real” banana purée, diced apples and wild Maine blueberries. Capitalize on the quality, convenience and appeal of Krusteaz Low Fat Muffin Mixes—they could just be your answer to high profits.

	Krusteaz Low Fat Basic Muffin Mix	Krusteaz Low Fat Whole Wheat Basic Muffin Mix	Krusteaz Low Fat Oat Bran Muffin Mix	Krusteaz Low Fat Blueberry Muffin Mix	Krusteaz Low Fat Apple Cinnamon Muffin Mix	Krusteaz Low Fat Banana Muffin Mix
Product Code	734-0119 734-0151	734-0117	734-0271	734-0274	734-0272	734-0273
NUTRITIONAL INFORMATION						
Serving Size	2 oz muffin	2 oz muffin	2 oz muffin	2 oz muffin	2 oz muffin	2 oz muffin
Calories	150	140	150	150	160	150
Total Fat, g	1	1	2	1	1	1.5
Saturated Fat, g	1	1	1	0.5	0.5	1
Cholesterol, mg	0	0	0	0	0	0
Sodium, mg	330	370	300	350	350	350
Potassium, mg	70	120	90	40	50	90
Total Carbohydrate, g	33	29	30	33	35	31
Dietary Fiber, g	2	3	1	<1	<1	1
Sugars, g	16	16	13	19	21	15
Protein, g	3	4	3	2	2	2
PERCENT DAILY VALUE						
Vitamin A	0%	0%	0%	0%	0%	2%
Vitamin C	0%	0%	0%	0%	0%	0%
Calcium	2%	4%	2%	2%	2%	2%
Iron	4%	4%	4%	2%	2%	2%
Thiamine	8%	8%	8%	6%	6%	6%
Riboflavin	4%	4%	4%	2%	2%	2%
Niacin	4%	4%	4%	2%	2%	4%

THE KRUSTEAZ QUALITY PRODUCT LINE INCLUDES:

- Pancake & Waffle Mixes ■ Muffin & Quickbread Mixes
- Biscuit, Roll, Cornbread & Specialty Mixes ■ Cake, Cookie, Brownie & Icing Mixes ■ Breeding & Batter Mixes
- Frozen Pancakes, Waffles & French Toast ■ Frozen Muffins & Mini Bundt Cakes
- Ready-To-Eat & Hot Cereals ■ Alpine Instant Spiced Cider Mix

CONTINENTAL MILLS, INC.
 Foodservice Division

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