

The Ready Rib is a unique boneless patty, lightly seasoned with barbecue flavor and liquid smoke, created especially to fit school lunch requirements.

# READY RIB

#### Description

This Ready Rib is a unique boneless pork patty or beef patty, lightly seasoned with barbecue flavor and liquid smoke, created especially to fit school lunch requirements. This delicious product is designed to fit a hot dog bun or can be served as a center of the plate item.

#### Item

Beef	Count	Pack	Item #	
	4 oz/40 pieces	10 lbs.	17008	
Pork	3 oz/72 pieces	13.5 lbs.	18009	
	4 oz/40 pieces	10 lbs.	18010	

### Storage Life

Shipped frozen, will maintain freshness for 90 days from code date when held under proper freezer conditions. (°F or -18 or cooler). Code date is date of manufacture.

#### **Cooking Instructions**

(Always cook from frozen state for best results)

Conventional	Convection
Oven (375° F)	Oven (350° F)
18-20 min.	12-14 min.
	Oven (375° F)

## Nutritional Information (uncooked)

	3 oz.	4 oz.	4 oz.	
	Pork	Pork	Beef	
Calories	180	230	330	kcal
Calories from Fat	110	140	250	kcal
Fat, Total	12	16	27	grams
Saturated Fat	4	5	11	grams
Cholesterol	40	55	70	milligrams
Sodium	400	530	510	milligrams
Carbohydrates	5	6	6	grams
Protein	13	17	16	grams
Calcium	23	30.8	24.42	milligrams
Iron	1.35	1.78	2.23	milligrams

A 3 oz. Ready Rib will provide 2.1 oz. of meat or meat alternate (cooked weight). This product also conforms to FNS instruction 219.



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